Ineffective Health Maintenance (00099) (1982)

Domain 1: Health Promotion

Class 2: Health Management

Definition: Inability to identify, manage, and/or seek out help to maintain health

Defining Characteristics: Demonstrated lack of adaptive behaviors to environmental changes, Demonstrated lack of knowledge about basic health practices, Lack of expressed interest in improving health behaviors, History of lack of health-seeking behavior, Inability to take responsibility for meeting basic health practices, Impairment of personal support systems

Related Factors: Cognitive impairment, Complicated grieving, Deficient communication skills, Diminished fine motor skills, Diminished gross motor skills, Inability to make appropriate judgments, Ineffective family coping, Ineffective individual coping, Insufficient resources (e.g., equipment, finances), Lack of fine motor skills, Lack of gross motor skills, Perceptual impairment, Spiritual distress, Unachieved developmental tasks

Ineffective Self Health Management (00078) (1994, 2008, LOE 2.1)

Domain 1: Health Promotion

Class 2: Health Management

Definition: Pattern of regulating and integrating into daily living a therapeutic regime for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Defining Characteristics: Failure to include treatment regimens in daily living, Failure to take action to reduce risk factors, Makes choices in daily living ineffective for meeting health goals, Verbalizes desire to manage the illness, Verbalizes difficulty with prescribed regimens

Related Factors: Complexity of healthcare system, Complexity of therapeutic regimen, Decisional conflicts, Economic difficulties, Excessive demands made (e.g., individual, family), Family conflict, Family patterns of healthcare, Inadequate number of cues to action, Knowledge deficit, Regimen, Perceived barriers, Powerlessness, Perceived seriousness, Perceived susceptibility, Perceived benefits, Social support deficit

References


Definition: Inability to independently maintain a safe growth-promoting immediate environment

Defining Characteristics

Objective: Disorderly surroundings, Inappropriate household temperature, Insufficient clothes, Insufficient linen, Lack of clothes, Lack of linen, Lack of necessary equipment, Offensive odors, Overtaxed family members, Presence of vermin, Repeated unhygienic disorders, Repeated unhygienic infections, Unavailable cooking equipment, Unclean surroundings

Subjective: Household members describe financial crises, Household members describe outstanding debts, Household members express difficulty in maintaining their home in a comfortable fashion, Household members request assistance with home maintenance

Related Factors: Deficient knowledge, Disease, Inadequate support systems, Injury, Impaired functioning, Insufficient family organization, Insufficient family planning, Insufficient finances, Lack of role modeling, Unfamiliarity with neighborhood resources

Readiness for Enhanced Immunization Status (00186) (2006, LOE 2.1)

Domain 1: Health Promotion

Class 2: Health Management

Domain 11: Safety/Protection

Class 1: Infection

Class 5: Defensive Processes

Definition: A pattern of conforming to local, national, and/or international standards of immunization to prevent infectious disease(s) that is sufficient to protect a person, family, or community and can be strengthened

Defining Characteristics: Expresses desire to enhance behavior to prevent infectious disease, Expresses desire to enhance identification of possible problems associated with immunizations, Expresses desire to enhance immunization status, Expresses desire to enhance knowledge of immunization standards, Expresses desire to enhance record-keeping of immunizations

References


**Self Neglect** (00193) (2008, LOE 2.1)

**Domain 1: Health Promotion**

**Class 2: Health Management**

**Definition:** A constellation of culturally framed behaviors involving one or more self-care activities in which there is a failure to maintain a socially accepted standard of health and well-being (Gibbons, Lauder, & Ludwick, 2006)

**Defining Characteristics:** Inadequate personal hygiene, Inadequate environmental hygiene, Non-adherence to health activities

**Related Factors:** Capgras syndrome, Cognitive impairment (e.g., dementia), Depression, Learning disability, Fear of institutionalization, Frontal lobe dysfunction and executive processing ability, Functional impairment, Lifestyle/Choice, Maintaining control, Malingering, Obsessive-compulsive disorder, Schizotypal personality disorders, Paranoid personality disorders, Substance abuse, Major life stressor

**References**


**Readiness for Enhanced Nutrition** (00163) (2002, LOE 2.1)

**Domain 1: Health Promotion**

**Class 2: Health Management**

**Definition:** A pattern of nutrient intake that is sufficient for meeting metabolic needs and can be strengthened

**Defining Characteristics:** Attitude toward drinking is congruent with health goals, Attitude toward eating is congruent with health goals, Consumes adequate fluid, Consumes adequate food, Eats regularly, Expresses knowledge of healthy fluid choices, Expresses knowledge of healthy food choices, Expresses willingness to enhance nutrition, Follows an appropriate standard for intake (e.g., the food pyramid or American Diabetic Association guidelines), Safe preparation for fluids, Safe preparation for food, Safe storage for fluids, Safe storage for food

**Ineffective Family Therapeutic Regimen Management** (00080) (1992)

**Domain 1: Health Promotion**

**Class 2: Health Management**
Definition: Pattern of regulating and integrating into family processes a program for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Defining Characteristics: Acceleration of illness symptoms of a family member, Inappropriate family activities for meeting health goals, Failure to take action to reduce risk factors, Lack of attention to illness, Verbalizes desire to manage the illness, Verbalizes difficulty with prescribed regimen

Related Factors: Complexity of healthcare system, Complexity of therapeutic regimen, Decisional conflicts, Economic difficulties, Excessive demands, Family conflict

Readiness for Enhanced Self Health Management (00162) (2002, LOE 2.1)

Domain 1: Health Promotion

Class 2: Health Management

Definition: A pattern of regulating and integrating into daily living a therapeutic regime for treatment of illness and its sequelae that is sufficient for meeting health-related goals and can be strengthened

Defining Characteristics: Choices of daily living are appropriate for meeting goals (e.g., treatment, prevention), Describes reduction of risk factors, Expresses desire to manage the illness (e.g., treatment, prevention of sequelae), Expresses little difficulty with prescribed regimens, No unexpected acceleration of illness symptoms

References


**Ineffective Infant Feeding Pattern (00107) (1992, 2006, LOE 2.1)**

**Domain 2: Nutrition**

**Class 1: Ingestion**

**Definition:** Impaired ability of an infant to suck or coordinate the suck/swallow response resulting in inadequate oral nutrition for metabolic needs

**Defining Characteristics:** Inability to coordinate sucking, swallowing, and breathing, Inability to initiate an effective suck, Inability to sustain an effective suck

**Related Factors:** Anatomic abnormality, Neurological delay, Neurological impairment, Oral hypersensitivity, Prematurity, Prolonged NPO status

**References**


**Imbalanced Nutrition: Less Than Body Requirements (00002)**

(1975, 2000)

**Domain 2: Nutrition**

**Class 1: Ingestion**
**Definition:** Intake of nutrients insufficient to meet metabolic needs

**Defining Characteristics:** Abdominal cramping, Abdominal pain, Aversion to eating, Body weight 20% or more under ideal, Capillary fragility, Diarrhea, Excessive loss of hair, Hyperactive bowel sounds, Lack of food, Lack of information, Lack of interest in food, Loss of weight with adequate food intake, Misconceptions, Misinformation, Pale mucous membranes, Perceived inability to ingest food, Poor muscle tone, Reported altered taste sensation, Reported food intake less than RDA (recommended daily allowance), Satiety immediately after ingesting food, Sore buccal cavity, Steatorrhea, Weakness of muscles required for swallowing or mastication

**Related Factors:** Biological factors, Economic factors, Inability to absorb nutrients, Inability to digest food, Inability to ingest food, Psychological factors

**Imbalanced Nutrition: More Than Body Requirements** (00001)

(1975, 2000)

**Domain 2: Nutrition**

**Class 1: Ingestion**

**Definition**

Intake of nutrients that exceeds metabolic needs

**Defining Characteristics:** Concentrating food intake at the end of the day, Dysfunctional eating pattern (e.g., pairing food with other activities), Eating in response to external cues (e.g., time of day, social situation), Eating in response to internal cues other than hunger (e.g., anxiety), Sedentary activity level, Triceps skin fold >25 mm in women, >15 mm in men, Weight 20% over ideal for height and frame

**Related Factors:** Excessive intake in relation to metabolic need

**Risk for Imbalanced Nutrition: More Than Body Requirements**

(00003) (1980, 2000)

**Domain 2: Nutrition**

**Class 1: Ingestion**

**Definition:** At risk for an intake of nutrients that exceeds metabolic needs

**Risk Factors:** Concentrating food intake at end of day, Dysfunctional eating patterns, Eating in response to external cues (e.g., time of day, social situation), Eating in response to internal cues other than hunger (e.g., anxiety), Higher baseline weight at beginning of each pregnancy, Observed use of food as comfort measure, Observed use of food as reward, Pairing food with other activities, Parental obesity, Rapid transition across growth percentiles in children, Reported use of solid food as major food source before 5 months of age

**Impaired Swallowing** (00103) (1986, 1998)

**Domain 2: Nutrition**

**Class 1: Ingestion**

**Definition:** Abnormal functioning of the swallowing mechanism associated with deficits in oral, pharyngeal, or esophageal structure or function

**Defining Characteristics**

**Esophageal Phase Impairment:** Abnormality in esophageal phase by swallow study, Acidic
smelling breath, Bruxism, Complaints of “something stuck”, Epigastric pain, Food refusal, Heartburn, Hematemesis, Hyperextension of head (e.g., arching during or after meals), Nighttime awakening, Nighttime coughing, Observed evidence of difficulty in swallowing (e.g., stasis of food in oral cavity, coughing/choking), Odynophagia, Regurgitation of gastric contents (wet burps), Repetitive swallowing, Unexplained irritability surrounding mealtime, Volume limiting, Vomiting, Vomitus on pillow

**Oral Phase Impairment:** Abnormality in oral phase of swallow study, Choking before a swallow, Coughing before a swallow, Drooling, Food falls from mouth, Food pushed out of mouth, Gagging before a swallow, Inability to clear oral cavity, Incomplete lip closure, Lack of tongue action to form bolus, Long meals with little consumption, Nasal reflux, Piecemeal deglutition, Pooling in lateral sulci, Premature entry of bolus, Sialorrhea, Slow bolus formation, Weak suck resulting in inefficient nipping

**Pharyngeal Phase Impairment:** Abnormality in pharyngeal phase by swallow study, Altered head positions, Choking, Coughing, Delayed swallow, Food refusal, Gagging, Gurgly voice quality, Inadequate laryngeal elevation, Multiple swallows, Nasal reflux, Recurrent pulmonary infections, Unexplained fevers

**Related Factors:**

**Congenital Deficits:** Behavioral feeding problems, Conditions with significant hypotonia, Congenital heart disease, Failure to thrive, History of tube feeding, Mechanical obstruction (e.g., edema, tracheostomy tube, tumor), Neuromuscular impairment (e.g., decreased or absent gag reflex, decreased strength or excursion of muscles involved in mastication, perceptual impairment, facial paralysis), Protein-energy malnutrition, Respiratory disorders, Self-injurious behavior, Upper airway anomalies

**Neurological Problems:** Achalasia, Acquired anatomic defects, Cerebral palsy, Cranial nerve involvement, Developmental delay, Esophageal defects, Gastroesophageal reflux disease, Laryngeal abnormalities, Laryngeal defects, Nasal defects, Nasopharyngeal cavity defects, Oropharynx abnormalities, Prematurity, Tracheal defects, Traumas, Traumatic head injury, Upper airway anomalies

**Risk for Unstable Blood Glucose Level** (00179) (2006, LOE 2.1)

**Domain 2: Nutrition**

**Class 4: Metabolism**

**Definition:** Risk for variation of blood glucose/sugar levels from the normal range

**Risk Factors:** Deficient knowledge of diabetes management (e.g., action plan), Developmental level, Dietary intake, Inadequate blood glucose monitoring, Lack of acceptance of diagnosis, Lack of adherence to diabetes management (e.g., action plan), Lack of diabetes management (e.g., action plan), Medication management, Mental health status, Physical activity level, Physical health status, Pregnancy, Rapid growth periods, Stress, Weight gain, Weight loss

**References**


**Neonatal Jaundice** (00194) (2008, LOE 2.1)

**Domain 2: Nutrition**

**Class 4: Metabolism**
Definition: The yellow orange tint of the neonate’s skin and mucous membranes that occurs after 24 hours of life as a result of unconjugated bilirubin in the circulation

Defining Characteristics: Abnormal blood profile (hemolysis; total serum bilirubin >2 mg/dL; inherited disorder; total serum bilirubin in high risk range on age in hour-specific nomogram), Abnormal skin bruising, Yellow-orange skin, Yellow sclera

Related Factors: Abnormal weight loss (>7–8% in breastfeeding newborn; 15% in term infant), Feeding pattern not well established, Infant experiences difficulty making transition to extrauterine life, Neonate age 1–7 days, Stool (meconium) passage delayed

References

Risk for Impaired Liver Function (00178) (2006, 2008 LOE 2.1)

Domain 2: Nutrition

Class 4: Metabolism

Definition: At risk for a decrease in liver function that may compromise health

Risk Factors: Hepatotoxic medications (e.g., acetaminophen, statins), HIV coinfection, Substance abuse (e.g., alcohol, cocaine), Viral infection (e.g., hepatitis A, hepatitis B, hepatitis C, Epstein-Barr)

References

Risk for Electrolyte Imbalance (00195) (2008, LOE 2.1)

Domain 2: Nutrition

Class 5: Hydration
**Definition:** At risk for change in serum electrolyte levels that may compromise health

**Risk Factors:** Diarrhea, Endocrine dysfunction, Fluid imbalance (e.g., dehydration, water intoxication), Impaired regulatory mechanisms (e.g., diabetes insipidus, syndrome of inappropriate secretion of antidiuretic hormone, Renal dysfunction, Treatment-related side effects (e.g., medications, drains), Vomiting

**References**

**Readiness for Enhanced Fluid Balance** (00160) (2002, LOE 2.1)
*Domain 2: Nutrition*
*Class 5: Hydration*

**Definition:** A pattern of equilibrium between fluid volume and chemical composition of body fluids that is sufficient for meeting physical needs and can be strengthened

**Defining Characteristics:** Dehydration, Expresses willingness to enhance fluid balance, Good tissue turgor, Intake adequate for daily needs, Moist mucous membranes, No evidence of edema, No excessive thirst, Specific gravity within normal limits, Stable weight, Straw-colored urine, Urine output appropriate for intake

**Deficient Fluid Volume** (00027) (1978, 1996)
*Domain 2: Nutrition*
*Class 5: Hydration*

**Definition:** Decreased intravascular, interstitial, and/or intracellular fluid. This refers to dehydration, water loss alone without change in sodium.

**Defining Characteristics:** Change in mental state, Decreased blood pressure, Decreased pulse pressure, Decreased pulse volume, Decreased skin turgor, Decreased tongue turgor, Decreased urine output, Decreased venous filling, Dry mucous membranes, Dry skin, Elevated hematocrit, Increased body temperature, Increased pulse rate, Increased urine concentration, Sudden weight loss (except in third spacing), Thirst, Weakness

**Related Factors:** Active fluid volume loss, Failure of regulatory mechanisms

*Domain 2: Nutrition*
*Class 5: Hydration*

**Definition:** Increased isotonic fluid retention

**Defining Characteristics:** Adventitious breath sounds, Altered electrolytes, Anascara, Anxiety, Azotemia, Blood pressure changes, Change in mental status, Changes in respiratory pattern, Decreased hematocrit, Decreased hemoglobin, Dyspnea, Edema, Increased central venous pressure, Intake exceeds output, Jugular vein distension, Oliguria, Orthopnea, Pleural effusion, Positive hepatojugular reflex, Pulmonary artery pressure changes, Pulmonary congestion, Restlessness, Specific gravity changes, S3 heart sound, Weight gain over short period of time
Related Factors: Compromised regulatory mechanism, Excess fluid intake, Excess sodium intake

Risk for Deficient Fluid Volume (00028) (1978)

Domain 2: Nutrition

Class 5: Hydration

Definition: At risk for experiencing vascular, cellular, or intracellular dehydration

Risk Factors: Deviations affecting access of fluids, Deviations affecting intake of fluids, Deviations affecting absorption of fluids, Excessive losses through normal routes (e.g., diarrhea), Extremes of age, Extremes of weight, Factors influencing fluid needs (e.g., hypermetabolic state), Loss of fluid through abnormal routes (e.g., indwelling tubes), Knowledge deficiency, Medication (e.g., diuretics)


Domain 2: Nutrition

Class 5: Hydration

Definition: At risk for a decrease, increase, or rapid shift from one to the other of intravascular, interstitial, and/or intracellular fluid. This refers to body fluid loss, gain, or both.

Risk Factors: Abdominal surgery, Ascites, Burns, Intestinal obstruction, Pancreatitis, Receiving apheresis, Sepsis, Traumatic injury (e.g., fractured hip)

References


**Functional Urinary Incontinence** (00020) (1986, 1998)

*Domain 3: Elimination and Exchange*

**Class 1: Urinary Function**

**Definition:** Inability of usually continent person to reach toilet in time to avoid unintentional loss of urine

**Defining Characteristics:** Able to completely empty bladder, Amount of time required to reach toilet exceeds length of time between sensing the urge to void and uncontrolled voiding, Loss of urine before reaching toilet, May be incontinent only in early morning, Senses need to void

**Related Factors:** Altered environmental factors, Impaired cognition, Impaired vision, Neuromuscular limitations, Psychological factors, Weakened supporting pelvic structures

**Overflow Urinary Incontinence** (00176) (2006, LOE 2.1)

*Domain 3: Elimination and Exchange*

**Class 1: Urinary Function**

**Definition:** Involuntary loss of urine associated with overdistension of the bladder

**Defining Characteristics:** Bladder distension, High post-void residual volume, Nocturia, Observed involuntary leakage of small volumes of urine, Reports involuntary leakage of small volumes of urine

**Related Factors:** Bladder outlet obstruction, Detrusor external sphincter dyssynergia, Detrusor hypocontractility, Fecal impaction, Severe pelvic prolapse, Side effects of anticholinergic medications, Side effects of calcium channel blockers, Side effects of decongestant medications, Urethral obstruction

**References**


*Domain 3: Elimination and Exchange*

**Class 1: Urinary Function**

**Definition:** Involuntary loss of urine at somewhat predictable intervals when a specific bladder volume is reached
Defining Characteristics: Inability to voluntarily inhibit voiding, Inability to voluntarily initiate voiding, Incomplete emptying with lesion above pontine micturition center, Incomplete emptying with lesion above sacral micturition center, No sensation of bladder fullness, No sensation of urge to void, No sensation of voiding, Predictable pattern of voiding, Sensation of urgency without voluntary inhibition of bladder contraction, Sensations associated with full bladder (e.g., sweating, restlessness, abdominal discomfort)

Related Factors: Tissue damage (e.g., due to radiation cystitis, inflammatory bladder conditions, radical pelvic surgery), Neurological impairment above level of pontine micturition center, Neurological impairment above level of sacral micturition center

Stress Urinary Incontinence (00017) (1986, 2006, LOE 2.1)
Domain 3: Elimination and Exchange

Class 1: Urinary Function

Definition: Sudden leakage of urine with activities that increase intra-abdominal pressure

Defining Characteristics: Observed involuntary leakage of small amounts of urine in the absence of detrusor contraction, Observed involuntary leakage of small amounts of urine in the absence of an over-distended bladder, Observed involuntary leakage of small amounts of urine on exertion, Observed involuntary leakage of small amounts of urine with coughing, Observed involuntary leakage of small amounts of urine with laughing, Observed involuntary leakage of small amounts of urine on exertion, Reports involuntary leakage of small amounts of urine on laughing, Reports involuntary leakage of small amounts of urine on exertion, Reports involuntary leakage of small amounts of urine with coughing, Reports involuntary leakage of small amounts of urine with laughing, Reports involuntary leakage of small amounts of urine with sneezing

Related Factors: Degenerative changes in pelvic muscles, High intra-abdominal pressure, Intrinsic urethral sphincter deficiency, Weak pelvic muscles

References


Urge Urinary Incontinence (00019) (1986, 2006, LOE 2.1)
Domain 3: Elimination and Exchange

Class 1: Urinary Function
**Definition:** Involuntary passage of urine occurring soon after a strong sense of urgency to void

**Defining Characteristics:** Observed inability to reach toilet in time to avoid urine loss, Reports urinary urgency, Reports involuntary loss of urine with bladder contractions, Reports involuntary loss of urine with bladder spasms, Reports inability to reach toilet in time to avoid urine loss

**Related Factors:** Alcohol intake, Atrophic urethritis, Atrophic vaginitis, Bladder infection, Caffeine intake, Decreased bladder capacity, Detrusor hyperactivity with impaired bladder contractility, Fecal impaction, Use of diuretics

**References**


**Risk for Urge Urinary Incontinence (00022) (1998)**

**Domain 3: Elimination and Exchange**

**Class 1: Urinary Function**

**Definition:** At risk for involuntary loss of urine associated with a sudden, strong sensation of urinary urgency

**Risk Factors:** Effects of alcohol, Effects of caffeine, Effects of medications, Detrusor hyperreflexia (e.g., from cystitis, urethritis, tumors, renal calculi, central nervous system disorders above pontine micturition center), Impaired bladder contractility, Involuntary sphincter relaxation, Ineffective toileting habits, Small bladder capacity

**Impaired Urinary Elimination (00016) (1973, 2006, LOE 2.1)**

**Domain 3: Elimination and Exchange**

**Class 1: Urinary Function**

**Definition:** Dysfunction in urine elimination

**Defining Characteristics:** Dysuria, Frequency, Hesitancy, Incontinence, Nocturia, Retention, Urgency

**Related Factors:** Anatomic obstruction, Multiple causality, Sensory motor impairment, Urinary tract infection

**References**


**Readiness for Enhanced Urinary Elimination** (00166) (2002, LOE 2.1)

**Domain 3: Elimination and Exchange**

**Class 1: Urinary Function**

**Definition:** A pattern of urinary functions that is sufficient for meeting eliminatory needs and can be strengthened

**Defining Characteristics:** Amount of output is within normal limits, Expresses willingness to enhance urinary elimination, Fluid intake is adequate for daily needs, Positions self for emptying of bladder, Specific gravity is within normal limits, Urine is odorless, Urine is straw colored

**Urinary Retention** (00023) (1986)

**Domain 3: Elimination and Exchange**

**Class 1: Urinary Function**

**Definition:** Incomplete emptying of the bladder

**Defining Characteristics:** Absence of urine output, Bladder distension, Dribbling, Dysuria, Frequent voiding, Overflow incontinence, Residual urine, Sensation of bladder fullness, Small voiding

**Related Factors:** Blockage, High urethral pressure, Inhibition of reflex arc, Strong sphincter

**Bowel Incontinence** (00014) (1975, 1998)

**Domain 3: Elimination and exchange**

**Class 2: Gastrointestinal function**

**Definition:** Change in normal bowel habits characterized by involuntary passage of stool

**Defining Characteristics:** Constant dribbling of soft stool, Fecal odor, Fecal staining of bedding, Fecal staining of clothing, Inability to delay defecation, Inability to recognize urge to defecate, Inattention to urge to defecate, Recognizes rectal fullness but reports inability to expel formed stool, Red perianal skin, Self-report of inability to recognize rectal fullness, Urgency

**Related Factors:** Abnormally high abdominal pressure, Abnormally high intestinal pressure, Chronic diarrhea, Colorectal lesions, Dietary habits, Environmental factors (e.g., inaccessible bathroom), General decline in muscle tone, Immobility, Impaired cognition, Impaired reservoir capacity, Incomplete emptying of bowel, Laxative abuse, Loss of rectal sphincter control, Lower motor nerve damage, Medications, Rectal sphincter abnormality, Impaction, Stress, Toileting self-care deficit, Upper motor nerve damage

**Constipation** (00011) (1975, 1998)

**Domain 3: Elimination and Exchange**

**Class 2: Gastrointestinal Function**
Definition: Decrease in normal frequency of defecation accompanied by difficult or incomplete passage of stool and/or passage of excessively hard, dry stool

Defining Characteristics: Abdominal pain, Abdominal tenderness with palpable muscle resistance, Abdominal tenderness without palpable muscle resistance, Anorexia, Atypical presentations in older adults (e.g., change in mental status, urinary incontinence, unexplained falls, elevated body temperature), Borborygmi, Bright-red blood with stool, Change in bowel pattern, Decreased frequency, Decreased volume of stool, Distended abdomen, Feeling of rectal fullness, Feeling of rectal pressure, Generalized fatigue, Hard, formed stool, Headache, Hyperactive bowel sounds, Hypoactive bowel sounds, Increased abdominal pressure, Indigestion, Nausea, Oozing liquid stool, Palpable abdominal mass, Palpable rectal mass, Presence of soft, paste-like stool in rectum, Percussed abdominal dullness, Pain with defecation, Severe flatus, Straining with defecation, Unable to pass stool, Vomiting

Related Factors:

Functional: Abdominal muscle weakness, Habitual denial, Habitual ignoring of urge to defecate, Inadequate toileting (e.g., timeliness, positioning for defecation, privacy), Irregular defecation habits, Insufficient physical activity, Recent environmental changes

Psychological: Depression, Emotional stress, Mental confusion

Pharmacological: Aluminum-containing antacids, Anticholinergics, Anticonvulsants, Antidepressants, Antilipemic agents, Bismuth salts, Calcium carbonate, Calcium channel blockers, Diuretics, Iron salts, Laxative overdose, Nonsteroidal anti-inflammatory agents, Opiates, Phenothiazines, Sedatives, Sympathomimetics

Mechanical: Electrolyte imbalance, Hemorrhoids, Hirschsprung’s disease, Neurological impairment, Obesity, Postsurgical obstruction, Pregnancy, Prostate enlargement, Rectal abscess, Rectal anal fissures, Rectal anal stricture, Rectal prolapse, Rectal ulcer, Rectocele, Tumors

Physiological: Change in eating patterns, Change in usual foods, Decreased motility of gastrointestinal tract, Dehydration, Inadequate dentition, Inadequate oral hygiene, Insufficient fiber intake, Insufficient fluid intake, Poor eating habits

Perceived Constipation (00012) (1988)

Domain 3: Elimination and Exchange

Class 2: Gastrointestinal Function

Definition: Self-diagnosis of constipation and abuse of laxatives, enemas, and/or suppositories to ensure a daily bowel movement

Defining Characteristics: Expectation of a daily bowel movement, Expectation of passage of stool at same time every day, Overuse of laxatives, Overuse of enemas, Overuse of suppositories

Related Factors: Cultural health beliefs, Family health beliefs, Faulty appraisal, Impaired thought processes

Risk for Constipation (00015) (1998)

Domain 3: Elimination and Exchange

Class 2: Gastrointestinal Function

Definition: At risk for a decrease in normal frequency of defecation accompanied by difficult or incomplete passage of stool and/or passage of excessively hard, dry stool
Risk Factors

**Functional:** Habitual denial of urge to defecate, Habitual ignoring of urge to defecate, Recent environmental changes, Inadequate toileting (e.g., timeliness, positioning for defecation, privacy), Irregular defecation habits, Insufficient physical activity, Abdominal muscle weakness

**Psychological:** Depression, Emotional stress, Mental confusion

**Physiological:** Change in usual eating patterns, Change in usual foods, Decreased motility of gastrointestinal tract, Dehydration, Inadequate dentition, Inadequate oral hygiene, Insufficient fiber intake, Insufficient fluid intake, Poor eating habits

**Pharmacological:** Aluminum-containing antacids, Anticholinergics, Anticonvulsants, Antidepressants, Antilipemic agents, Bismuth salts, Calcium carbonate, Calcium channel blockers, Diuretics, Iron salts, Laxative overuse, Nonsteroidal anti-inflammatory agents, Opiates, Phenothiazines, Sedatives, Sympathomimetics

**Mechanical:** Electrolyte imbalance, Hemorrhoids, Hirschsprung’s disease, Neurological impairment, Obesity, Postsurgical obstruction, Pregnancy, Prostate enlargement, Rectal abscess, Rectal anal fissures, Rectal anal stricture, Rectal prolapse, Rectal ulcer, Rectocele, Tumors

**Diarrhea** (00013) (1975, 1998)

**Domain 3: Elimination and Exchange**

**Class 2: Gastrointestinal Function**

**Definition:** Passage of loose, unformed stools

**Defining Characteristics:** Abdominal pain, At least three loose liquid stools per day, Cramping, Hyperactive bowel sounds, Urgency

**Related Factors:**

**Psychological:** Anxiety, High stress levels

**Situational:** Adverse effects of medications, Alcohol abuse, Contaminants, Laxative abuse, Radiation, Toxins, Travel, Tube feedings

**Physiological:** Infectious processes, Inflammation, Irritation, Malabsorption, Parasites

**Dysfunctional Gastrointestinal Motility** (00196) (2008, LOE 2.1)

**Domain 3: Elimination and Exchange**

**Class 2: Gastrointestinal Function**

**Definition:** Increased, decreased, ineffective, or lack of peristaltic activity within the gastrointestinal system

**Defining Characteristics:** Absence of flatus, Abdominal cramping, Abdominal distension, Abdominal pain, Accelerated gastric emptying, Bile-colored gastric residual, Change in bowel sounds (e.g., absent, hypoactive, hyperactive), Diarrhea, Dry stool, Difficulty passing stool, Hard stool, Increased gastric residual, Nausea, Regurgitation, Vomiting

**Related Factors:** Aging, Anxiety, Enteral feedings, Food intolerance (e.g., gluten, lactose), Immobility, Ingestion of contaminants (e.g., food, water), Malnutrition, Pharmaceutical agents (e.g., narcotics/opiates, laxatives, antibiotics, anesthesia), Prematurity, Sedentary lifestyle, Surgery

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* This diagnosis formerly held the label, Ineffective Tissue Perfusion (Specify Type: Gastrointestinal).
Risk For Dysfunctional Gastrointestinal Motility (00197) (2008, LOE 2.1)

Domain 3: Elimination and Exchange

Class 2: Gastrointestinal Function

Definition: Risk for increased, decreased, ineffective, or lack of peristaltic activity within the gastrointestinal system

Risk Factors: Abdominal surgery, Aging, Anxiety, Change in food, Change in water, Decreased gastrointestinal circulation, Diabetes mellitus, Food intolerance (e.g., gluten, lactose), Gastroesophageal reflux disease (GERD), Immobility, Infection (e.g., bacterial, parasitic, viral), Pharmaceutical agents (e.g., antibiotics, laxatives, narcotics/opiates, proton pump inhibitors), Prematurity, Sedentary lifestyle, Stress, Unsanitary food preparation

References


Domain 3: Elimination and Exchange

Class 4: Respiratory Function

Definition: Excess or deficit in oxygenation and/or carbon dioxide elimination at the alveolar–capillary membrane

Defining Characteristics: Abnormal arterial blood gases, Abnormal arterial pH, Abnormal breathing (e.g., rate, rhythm, depth), Abnormal skin color (e.g., pale, dusky), Confusion, Cyanosis (in neonates only), Decreased carbon dioxide, Diaphoresis, Dyspnea, Headache upon awakening, Hypercapnia, Hypoxemia, Hypoxia, Irritability, Nasal flaring, Restlessness, Somnolence, Tachycardia, Visual disturbances

Related Factors: Alveolar-capillary membrane changes, Ventilation-perfusion

Insomnia (00095) (2006, LOE 2.1)

Domain 4: Activity/Rest

Class 1: Sleep/Rest

Definition: A disruption in amount and quality of sleep that impairs functioning

Defining Characteristics: Observed changes in affect, Observed lack of energy, Increased absenteeism (e.g., work/school), Patient reports changes in mood, Patient reports decreased health status, Patient reports decreased quality of life, Patient reports difficulty concentrating, Patient reports difficulty falling asleep, Patient reports difficulty staying asleep, Patient reports dissatisfaction with sleep (current), Patient reports increased accidents, Patient reports lack of energy, Patient reports nonrestorative sleep, Patient reports sleep disturbances that produce next-day consequences, Patient reports waking up too early
**Related Factors:** Activity pattern (e.g., timing, amount), Anxiety, Depression, Environmental factors (e.g., ambient noise, daylight/darkness exposure, ambient temperature/humidity unfamiliar setting), Fear, Frequent daytime naps, Gender-related hormonal shifts, Grief, Inadequate sleep hygiene (current), Intake of stimulants, Intake of alcohol, Impairment of normal sleep pattern (e.g., travel, shift work), Interrupted Sleep, Medications, Parental responsibilities, Physical discomfort (e.g., pain, shortness of breath, cough, gastroesophageal reflux, nausea, incontinence/urgency), Stress (e.g., ruminative pre-sleep pattern)

**References**


**Disturbed Sleep Pattern** (00198) (2006, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 1: Sleep/Rest**

**Definition:** Time-limited interruptions of sleep amount and quality due to external factors

**Defining Characteristics:** Change in normal sleep pattern, Verbal complaints of not feeling well rested, Dissatisfaction with sleep, Decreased ability to function, Reports being awakened, Reports no difficulty falling asleep
Related Factors: Ambient temperature, humidity, Caregiving responsibilities, Change in daylight-darkness exposure, Interruptions (e.g., for therapeutics, monitoring, lab tests), Lack of sleep privacy/control, Lighting, Noise, Noxious odors, Physical restraint, Sleep partner, Unfamiliar sleep furnishings

Sleep Deprivation (00096) (1998)

Domain 4: Activity/Rest

Class 1: Sleep/Rest

Definition: Prolonged periods of time without sleep (sustained natural, periodic suspension of relative consciousness)

Defining Characteristics: Acute confusion, Agitation, Anxiety, Apathy, Combative, Daytime drowsiness, Decreased ability to function, Fatigue, Fleeting nystagmus, Hallucinations, Hand tremors, Heightened sensitivity to pain, Inability to concentrate, Irritability, Lethargy, Listlessness, Malaise, Perceptual disorders (e.g., disturbed body sensation, delusions, feeling afloat), Restlessness, Slowed reaction, Transient paranoia

Related Factors: Aging-related sleep stage shifts, Dementia, Familial sleep paralysis, Inadequate daytime activity, Idiopathic central nervous system hyperomnia, Narcolepsy, Nightmares, Non-sleep-inducing parenting practices, Periodic limb movement (e.g., restless leg syndrome, nocturnal myoclonus), Prolonged discomfort (e.g., physical, psychological), Sustained inadequate sleep hygiene, Prolonged use of pharmacologic or dietary antipsychotics, Sleep apnea, Sleep terror, Sleep walking, Sleep-related enuresis, Sleep-related painful erections, Sundowner’s syndrome, Sustained circadian asynchrony, Sustained environmental stimulation, Sustained uncomfortable sleep environment

Readiness for Enhanced Sleep (00165) (2002, LOE 2.1)

Domain 4: Activity/Rest

Class 1: Sleep/Rest

Definition: A pattern of natural, periodic suspension of consciousness that provides adequate rest, sustains a desired lifestyle, and can be strengthened

Defining Characteristics: Amount of sleep is congruent with developmental needs, Expresses a feeling of being rested after sleep, Expresses willingness to enhance sleep, Follows sleep routines that promote sleep habits, Occasional use of medications to induce sleep

Risk for Disuse Syndrome (00040) (1988)

Domain 4: Activity/Rest

Class 2: Activity/Exercise

Definition: At risk for deterioration of body systems as the result of prescribed or unavoidable musculoskeletal inactivity

Risks Factors: Altered level of consciousness, Mechanical immobilization, Paralysis, Prescribed immobilization, Severe pain

Note: Complications from immobility can include pressure ulcer, constipation, stasis of pulmonary secretions, thrombosis, urinary tract infection and/or retention, decreased strength or endurance, orthostatic hypotension, decreased range of joint motion, disorientation, body-image disturbance, and powerlessness.

Deficient Diversional Activity (00097) (1980)

Domain 4: Activity/Rest
Class 2: Activity/Exercise

**Definition:** Decreased stimulation from (or interest or engagement in) recreational or leisure activities

**Defining Characteristics:** Patient’s statements regarding boredom (e.g., wish there was something to do, to read), Usual hobbies cannot be undertaken in hospital

**Related Factors:** Environmental lack of diversional activity

**Sedentary Lifestyle** (00168) (2004, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 2: Activity/Exercise**

**Definition:** Reports a habit of life that is characterized by a low physical activity level

**Defining Characteristics:** Chooses a daily routine lacking physical exercise, Demonstrates physical deconditioning, Verbalizes preference for activities low in physical activity

**Related Factors:** Deficient knowledge of health benefits of physical exercise, Lack of interest, Lack of motivation, Lack of resources (e.g., time, money, companionship, facilities), Lack of training for accomplishment of physical exercise

**Impaired Bed Mobility** (00091) (1998, 2006, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 2: Activity/Exercise**

**Definition:** Limitation of independent movement from one bed position to another

**Defining Characteristics:** Impaired ability to move from supine to sitting, Impaired ability to move from sitting to supine, Impaired ability to move from supine to prone, Impaired ability to move from prone to supine, Impaired ability to move from supine to long sitting, Impaired ability to move from long sitting to supine, Impaired ability to reposition self in bed, Impaired ability to turn from side to side

**Related Factors:** Cognitive impairment, Deconditioning, Deficient knowledge, Environmental constraints (e.g., bed size, bed type, treatment equipment, restraints), Insufficient muscle strength, Musculoskeletal impairment, Neuromuscular impairment, Obesity, Pain, Sedating medications

*Note: specify level of independence using a standardized functional scale.*

**References**


**Impaired Physical Mobility** (00085) (1973, 1998)

**Domain 4: Activity/Rest**

**Class 2: Activity/Exercise**
**Definition:** Limitation in independent, purposeful physical movement of the body or of one or more extremities

**Defining Characteristics:** Decreased reaction time, Difficulty turning, Engages in substitutions for movement (e.g., increased attention to other’s activity, controlling behavior, focus on pre-illness disability/activity), Exertional dyspnea, Gait changes, Jerky movements, Limited ability to perform gross motor skills, Limited ability to perform fine motor skills, Limited range of motion, Movement-induced tremor, Postural instability, Slowed movement, Uncoordinated movements

**Related Factors:** Activity intolerance, Altered cellular metabolism, Anxiety, Body mass index above 75th age-appropriate percentile, Cognitive impairment, Contractures, Cultural beliefs regarding age-appropriate activity, Deconditioning, Decreased endurance, Depressive mood state, Decreased muscle control, Decreased muscle mass, Decreased muscle strength, Deficient knowledge regarding value of physical activity, Developmental delay, Discomfort, Disuse, Joint stiffness, Lack of environmental supports (e.g., physical or social), Limited cardiovascular endurance; Loss of integrity of bone structures, Malnutrition, Medications, Musculoskeletal impairment, Neuromuscular impairment, Pain, Prescribed movement restrictions, Reluctance to initiate movement, Sedentary lifestyle, Sensoriperceptual impairments

*Note: specify level of independence using a standardized functional scale.*

**Impaired Wheelchair Mobility** (00089) (1998, 2006, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 2: Activity/Exercise**

**Definition:** Limitation of independent operation of wheelchair within environment

**Defining Characteristics:** Impaired ability to operate manual wheelchair on curbs, Impaired ability to operate power wheelchair on curbs, Impaired ability to operate manual wheelchair on even surface, Impaired ability to operate power wheelchair on even surface, Impaired ability to operate manual wheelchair on uneven surface, Impaired ability to operate power wheelchair on uneven surface, Impaired ability to operate manual wheelchair on an incline, Impaired ability to operate power wheelchair on an incline, Impaired ability to operate manual wheelchair on a decline, Impaired ability to operate power wheelchair on a decline

**Related Factors:** Cognitive impairment, Deconditioning, Deficient knowledge, Depressed mood, Environmental constraints (e.g., stairs, inclines, uneven surfaces, unsafe obstacles, distances, lack of assistive devices or person, wheelchair type), Impaired vision, Insufficient muscle strength, Limited endurance, Musculoskeletal impairment (e.g., contractures), Neuromuscular impairment, Obesities, Pain

*Note: specify level of independence using a standardized functional scale.*

**References**


Delayed Surgical Recovery (00100) (1998, 2006, LOE 2.1)

Domain 4: Activity/Rest

Class 2: Activity/Exercise

Definition: Extension of the number of postoperative days required to initiate and perform activities that maintain life, health, and well-being

Defining Characteristics: Difficulty in moving about, Evidence of interrupted healing of surgical area (e.g., red, indurated, draining, immobilized), Fatigue, Loss of appetite with nausea, Loss of appetite without nausea, Perception that more time is needed to recover, Postpones resumption of work/employment activities, Requires help to complete self-care, Report of discomfort, Report of pain

Related Factors: Extensive surgical procedure, Obesity, Pain, Postoperative surgical site infection, Preoperative expectations, Prolonged surgical procedure

References


**Impaired Transfer Ability (00090) (1998, 2006, LOE 2.1)**

**Domain 4: Activity/Rest**

**Class 2: Activity/Exercise**

**Definition:** Limitation of independent movement between two nearby surfaces

**Defining Characteristics:** Inability to transfer between uneven levels, Inability to transfer from bed to chair, Inability to transfer from chair to bed, Inability to transfer on or off a toilet, Inability to transfer on or off a commode, Inability to transfer in or out of bath tub, Inability to transfer in or out of shower, Inability to transfer from chair to car, Inability to transfer from car to chair, Inability to transfer from chair to floor, Inability to transfer from floor to chair, Inability to transfer from standing to floor, Inability to transfer from floor to standing, Inability to transfer from bed to standing, Inability to transfer from standing to bed, Inability to transfer from chair to standing, Inability to transfer from standing to chair

**Related Factors:** Cognitive impairment, Deconditioning, Environmental constraints (e.g., bed height, inadequate space, wheel chair type, treatment equipment, restraints), Impaired balance, Impaired vision, Insufficient muscle strength, Lack of knowledge, Musculoskeletal impairment (e.g., contractures), Neuromuscular impairment, Obesity, Pain

*Note: specify level of independence using a standardized functional scale.*

**References**

**Impaired Walking** (00088) (1998, 2006, LOE 2.1)

*Domain 4: Activity/Rest*

*Class 2: Activity/Exercise*

**Definition:** Limitation of independent movement within the environment on foot

**Defining Characteristics:** Impaired ability to climb stairs, Impaired ability to navigate curbs, Impaired ability to walk required distances, Impaired ability to walk on incline, Impaired ability to walk on decline, Impaired ability to walk on uneven surfaces

**Related Factors:** Cognitive impairment, Deconditioning, Depressed mood, Environmental constraints (e.g., stairs, inclines, uneven surfaces, unsafe obstacles, distances, lack of assistive devices or person, restraints), Fear of falling, Impaired balance, Impaired vision, Insufficient muscle strength, Lack of knowledge, Limited endurance, Musculoskeletal impairment (e.g., contractures), Neuromuscular impairment, Obesity, Pain

*Note: specify level of independence using a standardized functional scale.*

**References**


**Class 3: Energy Balance**

**Definition:** An overwhelming sustained sense of exhaustion and decreased capacity for physical and mental work at usual level

**Defining Characteristics:** Compromised concentration, Compromised libido, Decreased performance, Disinterest in surroundings, Drowsy, Feelings of guilt for not keeping up with responsibilities, Inability to maintain usual level of physical activity, Inability to maintain usual routines, Inability to restore energy even after sleep, Increase in physical complaints, Increase in rest requirements, Introspection, Lack of energy, Lethargic, Listless, Perceived need for additional energy to accomplish routine tasks, Tired, Verbalization of an unremitting lack of energy, Verbalization of an overwhelming lack of energy

**Related Factors:**
- **Psychological:** Anxiety, Boring lifestyle, Depression, Stress
- **Physiological:** Anemia, Disease states, Increased physical exertion, Malnutrition, Poor physical condition, Pregnancy, Sleep deprivation
- **Environmental:** Humidity, Lights, Noise, Temperature
- **Situational:** Negative life events, Occupation

**Activity Intolerance (00092) (1982)**

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** Insufficient physiological or psychological energy to endure or complete required or desired daily activities

**Defining Characteristics:** Abnormal blood pressure response to activity, Abnormal heart rate response to activity, EKG changes reflecting arrhythmias, EKG changes reflecting ischemia, Exertional discomfort, Exertional dyspnea, Verbal report of fatigue, Verbal report of weakness

**Related Factors:** Bed rest, Generalized weakness, Imbalance between oxygen supply/demand, Immobility, Sedentary lifestyle

**Risk for Activity Intolerance (00094) (1982)**

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** At risk for experiencing insufficient physiological or psychological energy to endure or complete required or desired daily activities

**Risk Factors:** Deconditioned status, History of previous intolerance, Inexperience with the activity, Presence of circulatory problems, Presence of respiratory problems

**Risk for Bleeding (00206) (2008, LOE 2.1)**

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** At risk for a decrease in blood volume that may compromise health

**Risk Factors:** Aneurysm, Circumcision, Deficient knowledge, Disseminated intravascular coagulopathy, History of falls, Gastrointestinal disorders (e.g., gastric ulcer disease, polyps, varices),
Impaired liver function (e.g., cirrhosis, hepatitis), Inherent coagulopathies (e.g., thrombocytopenia), Postpartum complications (e.g., uterine atony, retained placenta), Pregnancy-related complications (e.g., placenta previa, molar pregnancy, abruption placenta), Trauma, Treatment-related side effects (e.g., surgery, medications, administration of platelet deficient blood products, chemotherapy)

References


Domain 4: Activity/Rest

Class 4: Cardiovascular/Pulmonary Responses

Definition: Inspiration and/or expiration that does not provide adequate ventilation

Defining Characteristics: Alterations in depth of breathing, Altered chest excursion, Assumption of three-point position, Bradypnea, Decreased expiratory pressure, Decreased inspiratory pressure, Decreased minute ventilation, Decreased vital capacity, Dyspnea, Increased anterior-posterior diameter, Nasal flaring, Orthopnea, Prolonged expiration phase, Pursed-lip breathing, Tachypnea, Use of accessory muscles to breathe
Related Factors: Anxiety, Body position, Bony deformity, Chest wall deformity, Cognitive impairment, Fatigue, Hyperventilation, Hypoventilation syndrome, Musculoskeletal impairment, Neurological immaturity, Neuromuscular dysfunction, Obesity, Pain, Perception impairment, Respiratory muscle fatigue, Spinal cord injury

**Increased Cardiac Output** (00029) (1975, 1996, 2000)

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** Inadequate blood pumped by the heart to meet metabolic demands of the body

**Defining Characteristics**

**Altered Heart Rate/Rhythm:** Arrhythmias, Bradycardia, EKG changes, Palpitations, Tachycardia

**Altered Preload:** Edema, Decreased central venous pressure (CVP), Decreased pulmonary artery wedge pressure (PAWP), Fatigue, Increased CVP, Increased PAWP, Jugular vein distension, Murmurs, Weight gain

**Altered Afterload:** Clammy skin, Dyspnea, Decreased peripheral pulses, Decreased pulmonary vascular resistance (PVR), Decreased systemic vascular resistance (SVR), Increased PVR, Increased SVR, Oliguria, Prolonged capillary refill, Skin color changes, Variations in blood pressure readings

**Altered Contractility:** Crackles, Cough, Decreased ejection fraction, Decreased left ventricular stroke work index (LVSWI), Decreased stroke volume index (SVI), Decreased cardiac index, Orthopnea, Paroxysmal nocturnal dyspnea, S3 sounds, S4 sounds

**Behavioral/Emotional:** Anxiety, Restlessness

**Related Factors:** Altered heart rate, Altered rhythm, Altered stroke volume, Altered afterload, Altered contractility, Altered preload

**Ineffective Peripheral Tissue Perfusion** (00204) (2008, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** Decrease in blood circulation to the periphery that may compromise health

**Defining Characteristics:** Absent pulses, Altered motor function, Altered skin characteristics (color, elasticity, hair, moisture, nails, sensation, temperature), Blood pressure changes in extremities, Claudication, Color does not return to leg on lowering it, Delayed peripheral wound healing, Diminished pulses, Edema, Extremity pain, Paraesthesia, Skin color pale on elevation

**Related Factors:** Deficient knowledge of aggravating factors (e.g., smoking, sedentary lifestyle, trauma, obesity, salt intake, immobility), Deficient knowledge of disease process (e.g., diabetes, hyperlipidemia), Diabetes mellitus, Hypertension, Sedentary lifestyle, Smoking

**References**


**Risk for Decreased Cardiac Tissue Perfusion*** (00200) (2008, LOE 2.1)

*Domain 4: Activity/Rest*

*Class 4: Cardiovascular/Pulmonary Responses*

**Definition:** Risk for a decrease in cardiac (coronary) circulation

**Risk Factors:** Birth control pills, Cardiac surgery, Cardiac tamponade, Coronary artery spasm, Diabetes mellitus, Drug abuse, Elevated C-reactive protein, Family history of coronary artery disease, Hyperlipidemia, Hypertension, Hypovolemia, Hypoxemia, Hypoxia, Lack of knowledge of modifiable risk factors (e.g., smoking, sedentary lifestyle, obesity)

* This diagnosis formerly held the label, *Ineffective Tissue Perfusion (Specify Type: Cerebral).*

**References**


**Risk for Ineffective Cerebral Tissue Perfusion*** (00201) (2008, LOE 2.1)

*Domain 4: Activity/Rest*

*Class 4: Cardiovascular/Pulmonary Responses*

**Definition:** Risk for a decrease in cerebral tissue circulation

**Risk Factors:** Abnormal partial thromboplastin time, Abnormal prothrombin time, Akinetic left ventricular segment, Aortic atherosclerosis, Arterial dissection, Atrial fibrillation, Atrial myxoma, Brain tumor, Carotid stenosis, Cerebral aneurysm, Coagulopathy (e.g., sickle cell anemia), Dilated
cardiomyopathy, Disseminated intravascular coagulation, Embolism, Head trauma, Hypercholesterolemia, Hypertension, Infective endocarditis, Left atrial appendage thrombosis, Mechanical prosthetic valve, Mitral stenosis, Neoplasm of the brain, Recent myocardial infarction, Sick sinus syndrome, Substance abuse, Thrombolytic therapy, Treated-related side effects (cardiopulmonary bypass, medications)

* This diagnosis formerly held the label, Ineffective Tissue Perfusion (Specify Type: Peripheral).

References


Risk for Ineffective Gastrointestinal Perfusion* (00202) (2008, LOE 2.1)

Domain 4: Activity/Rest

Class 4: Cardiovascular/Pulmonary Responses

Definition: At risk for decrease in gastrointestinal circulation

Risk Factors: Abdominal aortic aneurysm, Abdominal compartment syndrome, Abnormal partial thromboplastin time, Abnormal prothrombin time, Acute gastrointestinal bleed, Acute gastrointestinal hemorrhage, Age >60 years, Anemia, Coagulopathy (e.g., sickle cell anemia), Diabetes mellitus, Disseminated intravascular coagulation, Female gender, Gastric paresis (e.g., diabetes mellitus), Gastroesophageal varices, Gastrointestinal disease (e.g., duodenal or gastric ulcer, ischemic colitis, ischemic pancreatitis), Hemodynamic instability, Liver dysfunction, Myocardial infarction, Poor left ventricular performance, Renal failure, Stroke, Trauma, Smoking, Treatment-related side effects (e.g., cardiopulmonary bypass, medication, anesthesia, gastric surgery), Vascular disease (e.g., peripheral vascular disease, aortoiliac occlusive disease)

* This diagnosis formerly held the label, Ineffective Tissue Perfusion (Specify Type: Renal).

References


Risk for Ineffective Renal Perfusion* (00203) (2008, LOE 2.1)

Domain 4: Activity/Rest

Class 4: Cardiovascular/Pulmonary Responses

Definition: At risk for a decrease in blood circulation to the kidney that may compromise health

Risk Factors: Abdominal compartment syndrome, Advanced age, Bilateral cortical necrosis, Burns, Cardiac surgery, Cardiopulmonary bypass, Diabetes mellitus, Exposure to toxins, Female glomerulonephritis, Hyperlipidemia, Hypertension, Hypovolemia, Hypoxemia, Hypoxia, Infection (e.g., sepsis, localized infection), Malignancy, Malignant hypertension, Metabolic acidosis, Multitrauma, Polynephritis, Renal artery stenosis, Renal disease (polycystic kidney), Smoking, Systemic inflammatory response syndrome, Treatment-related side effects (e.g., medications), Vascular embolism vasculitis

* This diagnosis formerly held the label, Ineffective Tissue Perfusion (Specify Type: Renal).

References


Risk for Shock (00205) (2008, LOE 2.1)

Domain 4: Activity/Rest

Class 4: Cardiovascular/Pulmonary Responses

Definition: At risk for an inadequate blood flow to the body’s tissues which may lead to life-threatening cellular dysfunction

Risk Factors: Hypotension, Hypovolemia, Hypoxemia, Hypoxia, Infection, Sepsis, Systemic inflammatory response syndrome

References


Impaired Spontaneous Ventilation (00033) (1992)

Domain 4: Activity/Rest

Class 4: Cardiovascular/Pulmonary Responses

Definition: Decreased energy reserves result in an individual’s inability to maintain breathing adequate to support life
Defining Characteristics: Apprehension, Decreased cooperation, Decreased $P_o_2m$, Decreased $S_aO_2$, Decreased tidal volume, Dyspnea, Increased heart rate, Increased metabolic rate, Increased $P_cO_2m$, Increased restlessness, Increased use of accessory muscles

Related Factors: Metabolic factors, Respiratory muscle fatigue

**Dysfunctional Ventilatory Weaning Response** (00034) (1992)

**Domain 4: Activity/Rest**

**Class 4: Cardiovascular/Pulmonary Responses**

**Definition:** Inability to adjust to lowered levels of mechanical ventilator support that interrupts and prolongs the weaning process

**Defining Characteristics**

**Mild:** Breathing discomfort, Expressed feelings of increased need for oxygen, Fatigue, Increased concentration on breathing, Queries about possible machine malfunction, Restlessness, Slight increase of respiratory rate from baseline, Warmth

**Moderate:** Apprehension, Baseline increase in respiratory rate ($<5$ breaths/ min), Color changes, Decreased air entry on auscultation, Diaphoresis, Hypervigilance to activities, Inability to cooperate, Inability to respond to coaching, Pale, Slight cyanosis, Slight increase from baseline blood pressure ($<20$ mmHg), Slight increase from baseline heart rate ($<20$ beats/min), Light respiratory accessory muscle use, Wide-eyed look

**Severe:** Adventitious breath sounds, Agitation, Asynchronized breathing with the ventilator; Audible airway secretions, Cyanosis, Decreased level of consciousness, Deterioration in arterial blood gases from current baseline, Full respiratory accessory muscle use, Gasping breaths, Increase from baseline blood pressure ($>20$ mmHg), Increase from baseline heart rate ($>20$ breaths/ min), Paradoxical abdominal breathing, Profuse diaphoresis, Respiratory rate increases significantly from baseline, Shallow breaths

Related Factors:

**Physiological:** Inadequate nutrition, Ineffective airway clearance, Sleep pattern disturbance, Uncontrolled pain

**Psychological:** Anxiety, Decreased motivation, Decreased self-esteem, Fear, Hopelessness, Insufficient trust in the nurse, Knowledge deficit of the weaning process, Patient perceived inefficacy about ability to wean, Powerlessness

**Situational:** Adverse environment (e.g., noisy active environment, negative events in the room, low nurse:patient ratio, unfamiliar nursing staff), History of multiple unsuccessful weaning attempts, History of ventilator dependence $>4$ days, Inadequate social support, Inappropriate pacing of diminished ventilator support, Uncontrolled episodic energy demands

**Readiness for Enhanced Self-Care** (00182) (2006, LOE 2.1)

**Domain 4: Activity/Rest**

**Class 5: Self-Care**

**Definition:** A pattern of performing activities for oneself that helps to meet health-related goals and can be strengthened

**Defining Characteristics:** Expresses desire to enhance independence in maintaining life, Expresses desire to enhance independence in maintaining health, Expresses desire to enhance inde-
pendence in maintaining personal development. Expresses desire to enhance independence in maintaining well-being. Expresses desire to enhance knowledge of strategies for self-care, Expresses desire to enhance responsibility for self-care, Expresses desire to enhance self-care

References


**Domain 4: Activity/Rest**

**Class 5: Self-Care**

**Definition:** Impaired ability to perform or complete bathing/ hygiene activities for self

**Defining Characteristics:** Inability to access bathroom, Inability to dry body, Inability to get bath supplies, Inability to obtain water source, Inability to regulate bath water, Inability to wash body

**Related Factors:** Cognitive impairment, Decreased motivation, Environmental barriers, Inability to perceive body part, Inability to perceive spatial relationship, Musculoskeletal impairment, Neuromuscular impairment, Pain, Perceptual impairment, Severe anxiety, Weakness

Note: specify level of independence using a standardized functional scale.

* This diagnosis formerly held the label *Bathing/Hygiene Self-care Deficit*. 

Domain 4: Activity/Rest

Class 5: Self-Care

Definition: Impaired ability to perform or complete dressing and grooming activities for self

Defining Characteristics: Inability to choose clothing, Inability to put clothing on lower body, Inability to maintain appearance at a satisfactory level, Inability to pick up clothing, Inability to put clothing on upper body, Inability to put on shoes, Inability to put on socks, Inability to remove clothes, Inability to remove shoes, Inability to remove socks, Inability to use assistive devices, Inability to use zippers, Impaired ability to fasten clothing, Impaired ability to obtain clothing, Impaired ability to put on necessary items of clothing, Impaired ability to put on shoes, Impaired ability to put on socks, Impaired ability to take off necessary items of clothing, Impaired ability to take off shoes, Impaired ability to take off socks

Related Factors: Cognitive impairment, Decreased motivation, Discomfort, Environmental barriers, Fatigue, Musculoskeletal impairment, Neuromuscular impairment, Pain, Perceptual impairment, Severe anxiety, Weakness

Note: specify level of independence using a standardized functional scale.

* This diagnosis formerly held the label Dressing/Grooming Self-care Deficit.

Feeding Self-Care Deficit (00102) (1980, 1998)

Domain 4: Activity/Rest

Class 5: Self-Care

Definition: Impaired ability to perform or complete self-feeding activities

Defining Characteristics: Inability to bring food from a receptacle to the mouth, Inability to chew food, Inability to complete a meal, Inability to get food onto utensil, Inability to handle utensils, Inability to ingest food in a socially acceptable manner, Inability to ingest food safely, Inability to ingest sufficient food, Inability to manipulate food in mouth, Inability to open containers, Inability to pick up cup or glass, Inability to prepare food for ingestion, Inability to swallow food, Inability to use assistive device

Related Factors: Cognitive impairment, Decreased motivation, Discomfort, Environmental barriers, Fatigue, Musculoskeletal impairment, Neuromuscular impairment, Pain, Perceptual impairment, Severe anxiety, Weakness

Note: specify level of independence using a standardized functional scale.

Toileting Self-Care Deficit (00110) (1980, 1998)

Domain 4: Activity/Rest

Class 5: Self-Care

Definition: Impaired ability to perform or complete toileting activities for self

Defining Characteristics: Inability to carry out proper toilet hygiene, Inability to flush toilet or commode, Inability to get to toilet or commode, Inability to manipulate clothing for toileting, Inability to rise from toilet or commode, Inability to sit on toilet or commode

Related Factors: Cognitive impairment, Decreased motivation, Environmental barriers, Fatigue, Impaired mobility status, Impaired transfer ability, Musculoskeletal impairment, Neuromuscular impairment, Pain, Perceptual impairment, Severe anxiety, Weakness

Note: specify level of independence using a standardized functional scale.
Unilateral Neglect (00123) (1986, 2006, LOE 2.1)

Domain 5: Perception/Cognition

Class 1: Attention

Definition: Impairment in sensory and motor response, mental representation, and spatial attention of the body, and the corresponding environment characterized by inattention to one side and overattention to the opposite side. Left side neglect is more severe and persistent than right side neglect.

Defining Characteristics: Appears unaware of positioning of neglected limb, Difficulty remembering details of internally represented familiar scenes that are on the neglected side, Displacement of sounds to the non-neglected side, Distortion of drawing on the half of the page on the neglected side, Failure to cancel lines on the half of the page on the neglected side, Failure to eat food from portion of the plate on the neglected side, Failure to dress neglected side, Failure to groom neglected side, Failure to move eyes in the neglected hemispace despite being aware of a stimulus in that space, Failure to move head in the neglected hemispace despite being aware of a stimulus in that space, Failure to move limbs in the neglected hemispace despite being aware of a stimulus in that space, Failure to move trunk in the neglected hemispace despite being aware of a stimulus in that space, Failure to notice people approaching from the neglected side, Lack of safety precautions with regard to the neglected side, Marked deviation* of the eyes to the non-neglected side to stimuli and activities on that side, Marked deviation* of the head to the non-neglected side to stimuli and activities on that side, Marked deviation* of the trunk to the non-neglected side to stimuli and activities on that side, Omission of drawing on the half of the page on the neglected side, Perseveration of visual motor tasks on the non-neglected side, Substitution of letters to form alternative words that are similar to the original in length when reading, Transfer of pain sensation to the non-neglected side, Use of only vertical half of page when writing

* As if drawn magnetically to stimuli and activities on that side.

Related Factors: Brain injury from cerebrovascular problems, Brain injury from neurological illness, Brain injury from trauma, Brain injury from tumor, Left hemiplegia from cerebrovascular accident (CVA) of the right hemisphere, Hemianopsia

References


Impaired Environmental Interpretation Syndrome (00127) (1994)

Domain 5: Perception/Cognition

Class 2: Orientation

Definition: Consistent lack of orientation to person, place, time, or circumstances over more than 3–6 months necessitating a protective environment

Defining Characteristics: Chronic confusional states, Consistent disorientation, Inability to concentrate, Inability to follow simple directions, Inability to reason, Loss of occupation, Loss of social functioning, Slow in responding to questions

Related Factors: Dementia, Depression, Huntington’s disease

Wandering (00154) (2000)

Domain 5: Perception/Cognition

Class 2: Orientation

Definition: Meandering, aimless, or repetitive locomotion that exposes the individual to harm; frequently incongruent with boundaries, limits, or obstacles

Defining Characteristics: Continuous movement from place to place, Getting lost, Fretful locomotion, Frequent movement from place to place, Haphazard locomotion, Hyperactivity, Inability to locate significant landmarks in a familiar setting, Locomotion into unauthorized or private spaces, Locomotion resulting in unintended leaving of a premise, Locomotion that cannot be easily dissuaded, Long periods of locomotion without an apparent destination, Pacing, Periods of locomotion interspersed with periods of nonlocomotion (e.g., sitting, standing, sleeping), Persistent locomotion in search of something, Shadowing a caregiver’s locomotion, Trespassing, Scanning behaviors, Searching behaviors

Related Factors: Cognitive impairment (e.g., memory and recall deficits, disorientation, poor visuosconstructive or visuospatial ability, language defects), Cortical atrophy, Emotional state (e.g., frustration, anxiety, boredom, depression, agitation), Overstimulating environment, Physiological state or need (e.g., hunger, thirst, pain, urination, constipation), Premorbid behavior (e.g., outgoing, sociable personality, premorbid dementia), Sedation, Separation from familiar environment, Time of day


Domain 5: Perception/Cognition

Class 3: Sensation/Perception

Definition: Change in the amount or patterning of incoming stimuli accompanied by a diminished, exaggerated, distorted, or impaired response to such stimuli

Defining Characteristics: Change in behavior pattern, Change in problem-solving abilities, Change in sensory acuity, Change in usual response to stimuli, Disorientation, Hallucinations, Impaired communication, Irritability, Poor concentration, Restlessness, Sensory distortions

Related Factors: Altered sensory integration, Altered sensory reception, Altered sensory trans-
mission, Biochemical imbalance, Electrolyte imbalance, Excessive environmental stimuli, Insufficient environmental stimuli, Psychological stress

*Note:* this diagnosis will retire from the NANDA-I Taxonomy in the 2012–2014 edition unless additional work is done to bring it to a LOE of 2.1 or higher.

**Acute Confusion (00128) (1994, 2006, LOE 2.1)**

**Domain 5: Perception/Cognition**

**Class 4: Cognition**

**Definition:** Abrupt onset of reversible disturbances of consciousness, attention, cognition, and perception that develop over a short period of time

**Defining Characteristics:** Fluctuation in cognition, Fluctuation in level of consciousness, Fluctuation in psychomotor activity, Hallucinations, Increased agitation, Increased restlessness, Lack of motivation to follow through with goal-directed behavior, Lack of motivation to follow through with purposeful behavior, Lack of motivation to initiate goal-directed behavior, Lack of motivation to initiate purposeful behavior, Misperceptions

**Related Factors:** Alcohol abuse, Delirium, Dementia, Drug abuse, Fluctuation in sleep-wake cycle, Over 60 years of age

**References**


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**Chronic Confusion (00129) (1994)**

*Domain 5: Perception/Cognition*

*Class 4: Cognition*

**Definition:** Irreversible, long-standing, and/or progressive deterioration of intellect and personality characterized by decreased ability to interpret environmental stimuli; decreased capacity for intellectual thought processes; and manifested by disturbances of memory, orientation, and behavior

**Defining Characteristics:** Altered interpretation, Altered personality, Altered response to stimuli, Clinical evidence of organic impairment, Impaired long-term memory, Impaired short-term memory, Impaired socialization, Long-standing cognitive impairment, No change in level of consciousness, Progressive cognitive impairment

**Related Factors:** Alzheimer’s disease, Cerebral vascular attack, Head injury, Korsakoff’s psychosis, Multi-infarct dementia

**Risk for Acute Confusion (00173) (2006, LOE 2.2)**

*Domain 5: Perception/Cognition*

*Class 4: Cognition*
**Definition:** At risk for reversible disturbances of consciousness, attention, cognition, and perception that develop over a short period of time

**Risks Factors:** Alcohol use, Decreased mobility, Decreased restraints, Dementia, Fluctuation in sleep-wake cycle, History of stroke, Impaired cognition, Infection, Male gender, Medication/Drugs, Anesthesia Anticholinergics, Diphenhydramine, Multiple medications, Opioids, Psychoactive drugs, Metabolic abnormalities: Azotemia, Decreased hemoglobin, Dehydration, Electrolyte imbalances, Increased blood urea nitrogen (BUN)/creatinine Malnutrition, Over 60 years of age, Pain, Sensory deprivation, Substance abuse, Urinary retention

**References**


**Deficient Knowledge** (00126) (1980)

**Domain 5: Perception/Cognition**

**Class 4: Cognition**

**Definition:** Absence or deficiency of cognitive information related to a specific topic

**Defining Characteristics:** Exaggerated behaviors, Inaccurate follow through of instruction, Inaccurate performance of test, Inappropriate behaviors (e.g., hysterical, hostile, agitated, apathetic), Verbalization of the problem

**Related Factors:** Cognitive limitation, Information misinterpretation, Lack of exposure, Lack of interest in learning, Lack of recall, Unfamiliarity with information resources

**Readiness for Enhanced Knowledge** (00161) (2002, LOE 2.1)

**Domain 5: Perception/Cognition**

**Class 4: Cognition**

**Definition:** The presence or acquisition of cognitive information related to a specific topic is sufficient for meeting health-related goals and can be strengthened

**Defining Characteristics:** Behaviors congruent with expressed knowledge, Explains knowledge of the topic, Expresses an interest in learning, Describes previous experiences pertaining to the topic

**Impaired Memory** (00131) (1994)

**Domain 5: Perception/Cognition**

**Class 4: Cognition**
**NANDA’S NURSING DIAGNOSES: DEFINITIONS AND CLASSIFICATION**

**Definition:** Inability to remember or recall bits of information or behavioral skills

**Defining Characteristics:** Experience of forgetting, Forgets to perform a behavior at a scheduled time, Inability to determine if a behavior was performed, Inability to learn new information, Inability to learn new skills, Inability to perform a previously learned skill, Inability to recall events, Inability to recall factual information, Inability to retain new information, Inability to retain new skills

**Related Factors:** Anemia, Decreased cardiac output, Excessive environmental disturbances, Fluid and electrolyte imbalance, Hypoxia, Neurological disturbances


*Domain 5: Life Principles*

**Class 3: Value/Belief/Action Congruence**

**Definition:** A pattern of choosing courses of action that is sufficient for meeting short and long term health-related goals and can be strengthened

**Defining Characteristics:** Expresses desire to enhance decision-making, Expresses desire to enhance congruency of decisions with goals, Expresses desire to enhance congruency of decisions with personal values, Expresses desire to enhance congruency of decisions with sociocultural goals, Expresses desire to enhance congruency of decisions with sociocultural values, Expresses desire to enhance risk benefit analysis of decisions, Expresses desire to enhance understanding of choices for decision-making, Expresses desire to enhance understanding of the meaning of choices, Expresses desire to enhance use of reliable evidence for decisions

**References**


**Ineffective Activity Planning (00199) (2008, LOE 2.2)**

*Domain 5: Perception/Cognition*

**Class 5: Cognition**
Definition: Inability to prepare for a set of actions fixed in time and under certain conditions.

Defining Characteristics: Verbalization of fear toward a task to be undertaken, Verbalization of worries toward a task to be undertaken, Excessive anxieties toward a task to be undertaken, Failure pattern of behavior, Lack of plan, Lack of resources, Lack of sequential organization, Procrastination, Unmet goals for chosen activity

Related Factors: Compromised ability to process information, Defensive flight behavior when faced with proposed solution, Hedonism, Lack of family support, Lack of friend support, Unrealistic perception of events, Unrealistic perception of personal competence

References

*Domain 5: Perception/Cognition*

*Class 5: Communication*

**Definition:** Decreased, delayed, or absent ability to receive, process, transmit, and/or use a system of symbols

**Defining Characteristics:** Absence of eye contact, Cannot speak, Difficulty in comprehending usual communication pattern, Difficulty expressing thoughts verbally (e.g., aphasia, dysphasia, apraxia, dyslexia), Difficulty forming sentences, Difficulty forming words (e.g., aphonia, dyslalia, dysarthria), Difficulty in maintaining usual communication pattern, Difficulty in selective attending, Difficulty in use of body expressions, Difficulty in use of facial expressions, Disorientation to person, Disorientation to space, Disorientation to time, Does not speak, Dyspnea, Inability to speak language of caregiver, Inability to use body expressions, Inability to use facial expressions, Inappropriate verbalization, Partial visual deficit, Slurring, Speaks with difficulty, Stuttering, Total visual deficit, Verbalizes with difficulty, Willful refusal to speak

**Related Factors:** Absence of significant others, Altered perceptions, Alteration in self-concept, Alteration in self-esteem, Alteration of central nervous system, Anatomical defect (e.g., cleft palate, alteration of the neuromuscular visual system, auditory system, phonatory apparatus), Brain tumor, Cultural differences, Decrease in circulation to brain, Differences related to developmental age, Emotional conditions, Environmental barriers, Lack of information, Physical barrier (e.g., tracheostomy, intubation), Physiological conditions, Psychological barriers (e.g., psychosis, lack of stimuli), Side effects of medication, Stress, Weakening of the musculoskeletal system

Readiness for Enhanced Communication (00157) (2002, LOE 2.1)

*Domain 5: Perception/Cognition*

*Class 5: Communication*

**Definition:** A pattern of exchanging information and ideas with others that is sufficient for meeting one’s needs and life’s goals, and can be strengthened

**Defining Characteristics:** Able to speak a language, Able to write a language, Expresses feelings, Expresses satisfaction with ability to share ideas with others, Expresses satisfaction with ability to share information with others, Expresses thoughts, Expresses willingness to enhance communication, Forms phrases, Forms sentences, Forms words, Interprets nonverbal cues appropriately, Uses nonverbal cues appropriately

Risk for Compromised Human Dignity (00174) (2006, LOE 2.1)

*Domain 6: Self-Perception*

*Class 1: Self-concept*

**Definition:** At risk for perceived loss of respect and honor

**Risks Factors:** Cultural incongruity, Disclosure of confidential information, Exposure of the body, Inadequate participation in decision-making, Loss of control of body functions, Perceived dehumanizing treatment, Perceived humiliation, Perceived intrusion by clinicians, Perceived invasion of privacy, Stigmatizing label, Use of undefined medical terms

**References**


Hopelessness (00124) (1986)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: Subjective state in which an individual sees limited or no alternatives or personal choices available and is unable to mobilize energy on own behalf

Defining Characteristics: Closing eyes, Decreased affect, Decreased appetite, Decreased response to stimuli, Decreased verbalization, Lack of initiative, Lack of involvement in care, Passivity, Shrugging in response to speaker, Sleep pattern disturbance, Turning away from speaker, Verbal cues (e.g., despondent content, “I can’t”, sighing)

Related Factors: Abandonment, Deteriorating physiological condition, Lost belief in spiritual power, Lost belief in transcendent values, Long-term stress, Prolonged activity restriction creating isolation

Disturbed Personal Identity (00121) (1978, 2008, LOE 2.1)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: Inability to maintain an integrated and complete perception of self

Defining Characteristics: Contradictory personal traits, Delusional description of self, Disturbed body image, Disturbed relationships, Feelings of emptiness, Feelings of strangeness, Fluctuating feelings about self, Gender confusion, Ineffective coping, Ineffective role performance, Unable to distinguish between inner and outer stimuli, Uncertainty about goals, Uncertainty about cultural values (e.g., beliefs, religion, and moral questions), Uncertainty about ideological values (e.g., beliefs, religion and moral questions)

Related Factors: Cult indoctrination, Cultural discontinuity, Discrimination or prejudice, Dysfunctional family processes, Ingestion of toxic chemicals, Inhalation of toxic chemicals, Low self-esteem, Manic states, Multiple personality disorder, Organic brain syndromes, Psychiatric disorders (e.g., psychoses, depression, dissociative disorder), Situational crises, Social role change Stages of growth, Stages of development, Use of psychoactive drugs

References


Risk for Loneliness (00054) (1994, 2006, LOE 2.1)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: At risk for experiencing discomfort associated with a desire or need for more contact with others

Risk Factors: Affectional deprivation, Cathectic deprivation, Physical isolation, Social isolation

References


Readiness for Enhanced Power (00187) (2006, LOE 2.1)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: A pattern of participating knowingly in change that is sufficient for well-being and can be strengthened

Defining Characteristics: Expresses readiness to enhance awareness of possible changes to be made, Expresses readiness to enhance freedom to perform actions for change, Expresses readiness to enhance identification of choices that can be made for change, Expresses readiness to enhance involvement in creating change, Expresses readiness to enhance knowledge for participation in change, Expresses readiness to enhance participation in choices for daily living, Expresses readiness to enhance participation in choices for health, Expresses readiness to enhance power

Note: even though power (a response) and empowerment (an intervention approach) are different concepts, the literature related to both concepts supports the defining characteristics of this diagnosis.

References


Powerlessness (00125) (1982)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: Perception that one’s own action will not significantly affect an outcome; a perceived lack of control over a current situation or immediate happening

Defining Characteristics

Low: Expressions of uncertainty about fluctuating energy levels, Passivity

Moderate: Anger, Dependence on others that may result in irritability, Does not defend self-care practices when challenged, Does not monitor progress, Expressions of dissatisfaction over inability to perform previous activities, Expressions of dissatisfaction over inability to perform previous tasks, Expressions of doubt regarding role performance, Expressions of frustration over inability to perform previous activities, Expressions of frustration over inability to perform previous tasks, Fear of alienation from caregivers, Guilt, Inability to seek information regarding care, Nonparticipation in care when opportunities are provided, Nonparticipation in decision-making when opportunities are provided, Passivity, Reluctance to express true feelings, Resentment

Severe: Apathy, Depression over physical deterioration, Verbal expressions of having no control (e.g., over self-care, situation, outcome)

Related Factors: Healthcare environment, Illness-related regimen, Interpersonal interaction, Lifestyle of helplessness

Risk for Powerlessness (00152) (2000)

Domain 6: Self-Perception

Class 1: Self-Concept

Definition: At risk for perceived lack of control over a situation and/or one’s ability to significantly affect an outcome

Risk Factors

Physiological

Domain 6: Self-Perception: Acute injury, Aging, Dying, Illness, Progressive debilitating disease process (e.g., spinal cord injury multiple sclerosis)

Psychosocial: Absence of integrality (e.g., essence of power), Chronic low self-esteem, Deficient
knowledge (e.g., of illness or healthcare system), Disturbed body image, Inadequate coping patterns, Lifestyle of dependency, Situational low self-esteem

**Readiness for Enhanced Self-Concept** (00167) (2002, LOE 2.1)

*Domain 6: Self-Perception*

*Class 1: Self-Concept*

**Definition:** A pattern of perceptions or ideas about the self that is sufficient for well-being and can be strengthened

**Defining Characteristics:** Accepts limitations, Accepts strengths, Actions are congruent with verbal expression, Expresses confidence in abilities, Expresses satisfaction with body image, Expresses satisfaction with personal identity, Expresses satisfaction with role performance, Expresses satisfaction with sense of worthiness, Expresses satisfaction with thoughts about self, Expresses willingness to enhance self-concept


*Domain 6: Self-Perception*

*Class 2: Self-Esteem*

**Definition:** Development of a negative perception of self-worth in response to a current situation (specify)

**Defining Characteristics:** Evaluation of self as unable to deal with events, Evaluation of self as unable to deal with situations, Expressions of helplessness, Expressions of uselessness, Indecisive behavior, Nonassertive behavior, Self-negating verbalizations, Verbally reports current situational challenge to self-worth

**Related Factors:** Behavior inconsistent with values, Developmental changes, Disturbed body image, Failures, Functional impairment, Lack of recognition, Loss, Rejections, Social role changes

**Chronic Low Self-Esteem** (00119) (1988, 1996, 2008, LOE 2.1)

*Domain 6: Self-Perception*

*Class 2: Self-Esteem*

**Definition:** Long-standing negative self-evaluating/feelings about self or self-capabilities

**Defining Characteristics:** Dependent on others’ opinions, Evaluation of self as unable to deal with events, Exaggerates negative feedback about self, Excessively seeks reassurance, Expressions of guilt, Expressions of shame, Frequent lack of success in life events, Hesitant to try new situations, Hesitant to try new things, Indecisive behavior, Lack of eye contact, Nonassertive behavior, Overly conforming, Passive, Rejects positive feedback about self

**Related Factors:** Ineffective adaptation to loss, Lack of affection, Lack of approval, Lack of membership in group, Perceived discrepancy between self and cultural norms, Perceived discrepancy between self and spiritual norms, Perceived lack of belonging, Perceived lack of respect from others, Psychiatric disorder, Repeated failures, Repeated negative reinforcement, Traumatic event, Traumatic situation

**References**


*Domain 6: Self-Perception*

**Class 2: Self-Esteem**

**Definition:** At risk for developing negative perception of self-worth in response to a current situation (specify)

**Risk Factors:** Behavior inconsistent with values, Decreased control over environment, Developmental changes, Disturbed body image, Failures, Functional impairment, History of abandonment, History of abuse, History of learned helplessness, History of neglect, Lack of recognition, Loss, Physical illness, Rejections, Social role changes, Unrealistic self-expectations


*Domain 6: Perception/Cognition*

**Class 3: Body Image**

**Definition:** Confusion in mental picture of one’s physical self

**Defining Characteristics:** Behaviors of acknowledgment of one’s body, Behaviors of avoidance of one’s body, Behaviors of monitoring one’s body, Nonverbal response to actual change in body (e.g., appearance, structure, function), Nonverbal response to perceived change in body (e.g., appearance, structure, function), Verbalization of feelings that reflect an altered view of one’s body (e.g., appearance, structure, function), Verbalization of perceptions that reflect an altered view of one’s body in appearance

**Objective:** Actual change in function, Actual change in structure, Behaviors of acknowledging one’s body, Behaviors of monitoring one’s body, Change in ability to estimate spatial relationship of body to environment, Change in social involvement, Extension of body boundary to incorporate environmental objects, Intentional hiding of body part, Intentional overexposure of body part, Missing body part, Not looking at body part, Not touching body part, Trauma to nonfunctioning part, Unintentional hiding of body part, Unintentional overexposing of body part

**Subjective:** Depersonalization of loss by impersonal pronouns, Depersonalization of part by impersonal pronouns, Emphasis on remaining strengths, Fear of reaction by others, Focus on past appearance, Focus on past function, Focus on past strength, Heightened achievement, Negative feelings about body (e.g., feelings of helplessness, hopelessness, powerlessness), Personalization of loss by name, Personalization of part by name, Preoccupation with change, Preoccupation with loss, Refusal to verify actual change, Verbalization of change in lifestyle

**Related Factors:** Biophysical, Cognitive, Cultural, Developmental changes, Illness, Illness treatment, Injury, Perceptual Psychosocial, Spiritual, Surgery, Trauma


*Domain 7: Role Relationships*

**Class 1: Caregiving Roles**

**Definition:** Difficulty in performing family caregiver role

**Defining Characteristics**

**Caregiving Activities:** Apprehension about care receiver’s care if caregiver unable to provide care, Apprehension about the future regarding care receiver’s health, Apprehension about the
future regarding caregiver’s ability to provide care, Apprehension about possible institutionalization of care receiver, Difficulty completing required tasks, Difficulty performing required tasks, Dysfunctional change in caregiving activities, Preoccupation with care routine

**Caregiver Health Status**

**Physical:** Cardiovascular disease, Diabetes, Fatigue, Gastrointestinal upset, Headaches, Hypertension, Rash, Weight change

**Emotional:** Anger, Disturbed sleep, Feeling depressed, Frustration, Impaired individual coping, Impatience, Increased emotional lability, Increased nervousness, Lack of time to meet personal needs, Somatization, Stress

**Socioeconomic:** Changes in leisure activities, Low work productivity, Refuses career advancement, Withdraws from social life

**Caregiver-Care Receiver Relationship:** Difficulty watching care receiver go through the illness, Grief regarding changed relationship with care receiver, Uncertainty regarding changed relationship with care receiver

**Family Processes:** Concerns about family members, Family conflict

**Related Factors**

**Care Receiver Health Status:** Addiction, Co-dependency, Cognitive problems, Dependency, Illness chronicity, Illness severity, Increasing care needs, Instability of care receiver’s health, Problem behaviors, Psychological problems, Unpredictability of illness course

**Caregiver Health Status:** Addiction, Co-dependency, Cognitive problems, Inability to fulfill one’s own expectations, Inability to fulfill other’s expectations, Marginal coping patterns, Physical problems, Psychological problems, Unrealistic expectations of self

**Caregiver-Care Receiver Relationship:** History of poor relationship, Mental status of elder inhibiting conversation, Presence of abuse, Presence of violence, Unrealistic expectations of caregiver by care receiver

**Caregiving Activities:** 24-hour care responsibilities, Amount of activities, Complexity of activities, Discharge of family members to home with significant care needs, Ongoing changes in activities, Unpredictability of care situation, Years of caregiving

**Family Processes:** History of family dysfunction, History of marginal family coping

**Resources:** Caregiver is not developmentally ready for caregiver role, Deficient knowledge about community resources, Difficulty accessing community resources, Emotional strength, Formal assistance, Formal support, Inadequate community resources (e.g., respite services, recreational resources), Inadequate equipment for providing care, Inadequate informal assistance, Inadequate informal support, Inadequate physical environment for providing care (e.g., housing, temperature, safety), Inadequate transportation, Inexperience with caregiving, Insufficient finances, Insufficient time, Lack of caregiver privacy, Lack of support, Physical energy

**Socioeconomic:** Alienation from others, Competing role commitments, Insufficient recreation, Isolation from others

**Risk for Caregiver Role Strain (00062) (1992)**

**Domain 7: Role Relationships**

**Class 1: Caregiving Roles**

**Definition:** Caregiver is vulnerable for felt difficulty in performing the family caregiver role
Risks Factors: Addiction, Amount of caregiving tasks, Care receiver exhibits bizarre behavior, Care receiver exhibits deviant behavior, Caregiver’s competing role commitments, Caregiver health impairment, Caregiver is female, Caregiver is spouse, Caregiver isolation, Caregiver not developmentally ready for caregiver role, Co-dependency, Cognitive problems in care receiver, Complexity of caregiving tasks, Congenital defect, Developmental delay of the care receiver, Developmental delay of the caregiver, Discharge of family member with significant home care needs, Duration of caregiving required, Family dysfunction before the caregiving situation, Family isolation, Illness severity of the care receiver, Inadequate physical environment for providing care (e.g., housing, transportation, community services, equipment), Inexperience with caregiving, Instability in the care receiver’s health, Lack of recreation for caregiver, Lack of respite for caregiver, Marginal caregiver’s coping patterns, Marginal family adaptation, Past history of poor relationship between caregiver and care receiver, Premature birth, Presence of abuse, Presence of situational stressors that normally affect families (e.g., significant loss, disaster or crisis, economic vulnerability, major life events), Presence of violence, Psychological problems in caregiver, Psychological problems in care receiver, Retardation of the care receiver, Retardation of the caregiver, Unpredictable illness course


Domain 7: Role Relationships

Class 1: Caregiving Roles

Definition: Inability of the primary caretaker to create, maintain, or regain an environment that promotes the optimum growth and development of the child

Defining Characteristics

Infant or Child: Behavioral disorders, Failure to thrive, Frequent accidents, Frequent illness, Incidence of abuse, Incidence of trauma (e.g., physical and psychological), Lack of attachment, Lack of separation anxiety, Poor academic performance, Poor cognitive development, Poor social competence, Runaway

Parental: Abandonment, Child abuse, Child neglect, Frequently punitive, Hostility to child, Inadequate attachment, Inadequate child health maintenance, Inappropriate caretaking skills, Inappropriate stimulation (e.g., visual, tactile, auditory), Inappropriate child care arrangements, Inconsistent behavior management, Inconsistent care, Inflexibility in meeting needs of child, Little cuddling, Maternal-child interaction deficit, Negative statements about child, Paternal-child interaction deficit, Poor parent-child interaction, Rejection of child, Statements of inability to meet child’s needs, Unsafe home environment, Verbalization of inability to control child, Verbalization of frustration, Verbalization of role inadequacy

Related Factors

Infant or Child: Altered perceptual abilities, Attention deficit hyperactivity disorder, Developmental delay, Difficult temperament, Handicapping condition, Illness, Multiple births, Not desired gender, Premature birth, Separation from parent, Temperamental conflicts with parental expectations

Knowledge: Deficient knowledge about child development, Deficient knowledge about child health maintenance, Deficient knowledge about parenting skills, Inability to respond to infant cues, Lack of cognitive readiness for parenthood, Lack of education, Limited cognitive functioning, Poor communication skills, Preference for physical punishment, Unrealistic expectations

Physiological: Physical illness

Psychological: Closely spaced pregnancies, Depression, Difficult birthing process, Disability,
High number of pregnancies, History of mental illness, History of substance abuse, Lack of prenatal care, Sleep deprivation, Sleep disruption, Young parental age

**Social:** Change in family unit, Chronic low self-esteem, Father of child not involved, Financial difficulties, History of being abused, History of being abusive, Inability to put child’s needs before own, Inadequate child care arrangements, Job problems, Lack of family cohesiveness, Lack of parental role model, Lack of resources, Lack of social support networks, Lack of transportation, Lack of valuing of parenthood, Legal difficulties, Low socioeconomic class, Maladaptive coping strategies, Marital conflict, Mother of child not involved, Single parent, Social isolation, Poor home environment, Poor parental role model, Poor problem-solving skills, Poverty, Presence of stress (e.g., financial, legal, recent crisis, cultural move), Relocations, Role strain, Situational low self-esteem, Unemployment, Unplanned pregnancy, Unwanted pregnancy

**Readiness for Enhanced Parenting** (00164) (2002, LOE 2.1)

**Domain 7: Role Relationships**

**Class 1: Caregiving Roles**

**Definition:** A pattern of providing an environment for children or other dependent person(s) that is sufficient to nurture growth and development, and can be strengthened

**Defining Characteristics:** Children express satisfaction with home environment, Emotional support of children, Emotional support of other dependent person(s), Evidence of attachment, Exhibits realistic expectations of children, Exhibits realistic expectations of other dependent person(s), Expresses willingness to enhance parenting, Needs of children are met (e.g., physical and emotional), Needs of other dependent person(s) is/are met (e.g., physical and emotional), Other dependent person(s) express(es) satisfaction with home environment


**Domain 7: Role Relationships**

**Class 1: Caregiving Roles**

**Definition:** Risk for inability of the primary caretaker to create, maintain, or regain an environment that promotes the optimum growth and development of the child

**Risk Factors**

**Infant or Child:** Altered perceptual abilities, Attention deficit hyperactivity disorder, Developmental delay, Difficult temperament, Handicapping condition, Illness, Multiple births, Not gender desired, Premature birth, Prolonged separation from parent, Temperamental conflicts with parental expectation

**Knowledge:** Deficient knowledge about child development, Deficient knowledge about child health maintenance, Deficient knowledge about parenting skills, Inability to respond to infant cues, Lack of cognitive readiness for parenthood, Low cognitive functioning, Low educational level, Poor communication skills, Preference for physical punishment, Unrealistic expectations of child

**Physiological:** Physical illness

**Psychological:** Closely spaced pregnancies, Depression, Difficult birthing process, Disability, High number of pregnancies, History of mental illness, History of substance abuse, Sleep deprivation, Sleep disruption, Young parental age

**Social:** Change in family unit, Chronic low self-esteem, Father of child not involved, Financial difficulties, History of being abused, History of being abusive, Inadequate child care arrange-
Risk for Impaired Attachment* (00058) (1994)

Domain 7: Role Relationships
Class 2: Family Relationships

Definition: Disruption of the interactive process between parent/significant other and child/infant that fosters the development of a protective and nurturing reciprocal relationship

Risk Factors: Anxiety associated with the parent role, Ill child who is unable effectively to initiate parental contact as a result of altered behavioral organization, Inability of parents to meet personal needs, Lack of privacy, Parental conflict resulting from altered behavioral organization, Physical barriers, Premature infant who is unable to effectively initiate parental contact due to altered behavioral organization, Separation, Substance abuse

* This diagnosis formerly held the label, Risk for Impaired Parent/Child Attachment.

Dysfunctional Family Processes* (00063) (1994)

Domain 7: Role/Relationships
Class 2: Family Relationships

Definition: Psychosocial, spiritual, and physiological functions of the family unit are chronically disorganized, which leads to conflict, denial of problems, resistance to change, ineffective problem-solving, and a series of self-perpetuating crises

Defining Characteristics

Behavioral: Alcohol abuse, Agitation, Blaming, Broken promises, Chaos, Contradictory communication, Controlling communication, Criticizing, Deficient knowledge about alcoholism, Denial of problems, Dependency, Difficulty having fun, Difficulty with intimate relationships, Difficulty with life cycle transitions, Diminished physical contact, Disturbances in academic performance in children, Disturbances in concentration, Enabling maintenance of alcohol drinking pattern, Escalating conflict, Failure to accomplish developmental tasks, Family special occasions are alcohol centered, Harsh self-judgment, Immaturity, Impaired communication, Inability to accept help, Inability to accept a wide range of feelings, Inability to adapt to change, Inability to deal constructively with traumatic experiences, Inability to express a wide range of feelings, Inability to meet emotional needs of its members, Inability to meet security needs of its members, Inability to meet spiritual needs of its members, Inability to receive help appropriately, Inadequate understanding of alcoholism, Inappropriate expression of anger, Ineffective problem-solving skills, Isolation, Lack of dealing with conflict, Lack of reliability, Lying, Manipulation, Nicotine addiction, Orientation toward tension relief rather than achievement of goals, Paradoxical communication, Power struggles, Rationalization, Refusal to get help, Seeking affirmation, Seeking approval, Self-blaming, Stress-related physical illnesses, Substance abuse other than alcohol, Unresolved grief, Verbal abuse of children, Verbal abuse of parent, Verbal abuse of spouse

Feelings: Abandonment, Anger, Anxiety, Being different from other people, Being unloved, Confuses love and pity, Confusion, Decreased self-esteem, Depression, Dissatisfaction, Distress, Embarrassment, Emotional control by others, Emotional isolation, Failure, Fear, Frustration,

**Roles and Relationships:** Altered role function, Chronic family problems, Closed communication systems, Deterioration in family relationships, Disrupted family rituals, Disrupted family roles, Disturbed family dynamics, Economic problems, Family denial, Family does not demonstrate respect for autonomy of its members, Family does not demonstrate respect for individuality of its members, Inconsistent parenting, Ineffective spouse communication, Intimacy dysfunction, Lack of cohesiveness, Lack of skills necessary for relationships, Low perception of parental support, Marital problems, Neglected obligations, Pattern of rejection, Reduced ability of family members to relate to each other for mutual growth and maturation, Triangulating family relationships

**Related Factors:** Abuse of alcohol, Addictive personality, Biochemical influences, Family history of alcoholism, Family history of resistance to treatment, Genetic predisposition, Inadequate coping skills, Lack of problem-solving skills

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**Domain 7: Role Relationships**

**Class 2: Family Relationships**

**Definition:** Change in family relationships and/or functioning

**Defining Characteristics:** Changes in assigned tasks, Changes in availability for affective responsiveness, Changes in availability for emotional support, Changes in communication patterns, Changes in effectiveness in completing assigned tasks, Changes in expressions of conflict with community resources, Changes in expressions of isolation from community resources, Changes in expressions of conflict within family, Changes in intimacy, Changes in mutual support, Changes in patterns, Changes in participation in problem-solving, Changes in participation in decision-making, Changes in power alliances, Changes in rituals, Changes in satisfaction with family, Changes in somatic complaints, Changes in stress-reduction behaviors

**Related Factors:** Developmental crises Developmental transition, Family roles shift, Interaction with community, Modification in family finances, Modification in family social status, Power shift of family members, Shift in health status of a family member, Situation transition, Situational crises

**Readiness for Enhanced Family Processes** (00159) (2002, LOE 2.1)

**Domain 7: Role Relationships**

**Class 2: Family Relationships**

**Definition:** A pattern of family functioning that is sufficient to support the well-being of family members and can be strengthened

**Defining Characteristics:** Activities support the growth of family members, Activities support the safety of family members, Balance exists between autonomy and cohesiveness, Boundaries of family members are maintained, Communication is adequate, Energy level of family supports activities of daily living, Expresses willingness to enhance family dynamics, Family adapts to change, Family functioning meets needs of family members, Family resilience is evident, Family roles are appropriate for developmental stages, Family roles are flexible for developmental stages,
Family tasks are accomplished, Interdependent with community, Relationships are generally positive, Respect for family members is evident

**Effective Breastfeeding (00106) (1990)**

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Mother–infant dyad/family exhibits adequate proficiency and satisfaction with breastfeeding process

**Defining Characteristics:** Adequate infant elimination patterns for age, Appropriate infant weight pattern for age, Eagerness of infant to nurse, Effective mother-infant communication patterns, Infant content after feeding, Maternal verbalization of satisfaction with the breastfeeding process, Mother able to position infant at breast to promote a successful latching-on response, Regular suckling at the breast, Regular swallowing at the breast, Signs of oxytocin release, Sustained suckling at the breast, Sustained swallowing at the breast, Symptoms of oxytocin release

**Related Factors:** Basic breastfeeding knowledge, Infant gestational age >34 weeks, Maternal confidence, Normal breast structure, Normal infant oral structure, Support source

**Ineffective Breastfeeding (00104) (1988)**

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Dissatisfaction or difficulty a mother, infant, or child experiences with the breastfeeding process

**Defining Characteristics:** Inadequate milk supply, Infant arching at the breast, Infant crying at the breast, Infant inability to latch on to maternal breast correctly, Infant exhibiting crying within the first hour after breastfeeding, Infant exhibiting fussiness within the first hour after breastfeeding, Insufficient emptying of each breast per feeding, Insufficient opportunity for suckling at the breast, No observable signs of oxytocin release, Nonsustained suckling at the breast, Observable signs of inadequate infant intake, Perceived inadequate milk supply, Persistence of sore nipples beyond first week of breastfeeding, Resisting latching on, Unresponsive to other comfort measures, Unsatisfactory breastfeeding process

**Related Factors:** Infant anomaly, Infant receiving supplemental feedings with artificial nipple, Interruption in breastfeeding, Knowledge deficit, Maternal ambivalence, Maternal anxiety, Maternal breast anomaly, Nonsupportive family, Nonsupportive partner, Poor infant sucking reflex, Prematurity, Previous breast surgery, Previous history of breastfeeding failure

**Interrupted Breastfeeding (00105) (1992)**

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Break in the continuity of the breastfeeding process as a result of inability or inadvisability to put baby to breast for feeding

**Defining Characteristics:** Infant receives no nourishment at the breast for some or all feedings, Lack of knowledge about expression of breast milk, Lack of knowledge about storage of breast
milk, Maternal desire to eventually provide breast milk for child’s nutritional needs, Maternal desire to maintain breastfeeding for child’s nutritional needs, Maternal desire to provide breast milk for child’s nutritional needs, Separation of mother and child

**Related Factors:** Contraindications to breastfeeding, Infant illness, Maternal employment, Maternal illness, Need to abruptly wean infant, Prematurity

**Parental Role Conflict** (00064) (1988)

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Parent experience of role confusion and conflict in response to crisis

**Defining Characteristics:** Anxiety, Demonstrated disruption in caretaking routines, Expresses concern about perceived loss of control over decisions relating to his or her child, Fear, Parent(s) express(es) concern(s) about changes in parental role, Parent(s) express(es) concern(s) about family (e.g., functioning, communication, health), Parent(s) express(es) feeling(s) of inadequacy to provide for child’s needs (e.g., physical, emotional), Reluctant to participate in usual caretaking activities, Verbalizes feelings of frustration, Verbalizes feelings of guilt

**Related Factors:** Change in marital status, Home care of a child with special needs, Intermittences of family life due to home care regimen (e.g., treatments, caregivers, lack of respite), Intimidation with invasive modalities (e.g., intubation), Intimidation with restrictive modalities (e.g., isolation), Separation from child because of chronic illness, Specialized care center

**Readiness for Enhanced Relationship** (00207) (2006, LOE 2.1)

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** A pattern of mutual partnership that is sufficient to provide each other’s needs and can be strengthened

**Defining Characteristics:** Express desire to enhance communication between partners, Express satisfaction with sharing of information and ideas between partners, Express satisfaction with fulfilling physical and emotional needs by one’s partner, Demonstrates mutual respect between partners, Meets developmental goals appropriate for family life-cycle stage, Demonstrates well-balanced autonomy and collaboration between partners, Demonstrates mutual support in daily activities between partners, Identifies each other as a key person, Demonstrates understanding of partner’s insufficient (physical, social, psychological) function, Express satisfaction with complementary relation between partners

**References**


*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Patterns of behavior and self-expression that do not match the environmental context, norms, and expectations

**Defining Characteristics:** Altered role perceptions, Anxiety, Change in capacity to resume role, Change in other’s perception of role, Change in self-perception of role, Change in usual patterns of responsibility, Deficient knowledge, Depression, Discrimination, Domestic violence, Harassment, Inadequate adaptation to change, Inadequate confidence, Inadequate coping, Inadequate external support for role enactment, Inadequate motivation, Inadequate opportunities for role enactment, Inadequate role competency, Inadequate self-management Inadequate skills, Inappropriate developmental expectations, Pessimism, Powerlessness, Role ambivalence, Role confusion, Role conflict, Role denial, Role dissatisfaction, Role overload, Role strain, System conflict, Uncertainty

**Related Factors**

*Knowledge:* Inadequate role model, Inadequate role preparation (e.g., role transition, skill rehearsal, validation), Lack of education, Lack of role model, Unrealistic role expectations

*Physiological:* Body image alteration, Cognitive deficits, Depression, Fatigue, Low self-esteem, Mental illness, Neurological defects, Pain, Physical illness, Substance abuse

*Social:* Conflict, Developmental level, Domestic violence, Inadequate role socialization, Inadequate support system, Inappropriate linkage with the healthcare system, Job schedule demands, Lack of resources, Lack of rewards, Low socioeconomic status, Stress, Young age

**Impaired Social Interaction** (00052) (1986)

*Domain 7: Role Relationships*

*Class 3: Role Performance*

**Definition:** Insufficient or excessive quantity or ineffective quality of social exchange

**Defining Characteristics:** Discomfort in social situations, Dysfunctional interaction with others, Family report of changes in interaction (e.g., style, pattern), Inability to communicate a satisfying sense of social engagement (e.g., belonging, caring, interest, shared history), Inability to receive a satisfying sense of social engagement (e.g., belonging, caring, interest, shared history), Use of unsuccessful social interaction behaviors

**Related Factors:** Absence of significant others, Communication barriers, Deficit about ways to enhance mutuality (e.g., knowledge, skills), Disturbed thought processes, Environmental barriers, Limited physical mobility, Self-concept disturbance, Sociocultural dissonance, Therapeutic isolation

**Sexual Dysfunction** (00059) (1980, 2006, LOE 2.1)

*Domain 8: Sexuality*

*Class 2: Sexual Function*

**Definition:** The state in which an individual experiences a change in sexual function during the sexual response phases of desire, excitation, and/or orgasm, which is viewed as unsatisfying, unrewarding, or inadequate
**Defining Characteristics:** Alterations in achieving sexual satisfaction, Alterations in achieving perceived sex role, Actual limitations imposed by disease, Actual limitations imposed by therapy, Change of interest in others, Change of interest in self, Inability to achieve desired satisfaction, Perceived alteration in sexual excitation, Perceived deficiency of sexual desire, Perceived limitations imposed by disease, Perceived limitations imposed by therapy, Seeking confirmation of desirability, Verbalization of problem

**Related Factors:** Absent role models, Altered body function (e.g., pregnancy recent childbirth, drugs, surgery, anomalies, disease process, trauma, radiation), Altered body structure (e.g., pregnancy, recent childbirth, surgery, anomalies, disease process, trauma, radiation), Biopsychosocial alteration of sexuality, Deficient knowledge, Ineffectual role models, Lack of privacy, Lack of significant other, Misinformation, Values conflict, Psychosocial abuse (e.g., harmful relationships), Physical abuse, Vulnerability

**References**


**Ineffective Sexuality Pattern (00065) (1986, 2006, LOE 2.1)**

**Domain 8: Sexuality**

**Class 2: Sexual Function**

**Definition:** Expressions of concern regarding own sexuality

**Defining Characteristics:** Alterations in achieving perceived sex role, Alteration in relationship with significant other, Conflicts involving values, Reported changes in sexual activities, Reported changes in sexual behaviors, Reported difficulties in sexual activities, Reported limitations in sexual activities, Reported limitations in sexual behaviors

**Related Factors:** Absent role model, Conflicts with sexual orientation preferences, Conflicts with variant preferences, Fear of acquiring a sexually transmitted infection, Fear of pregnancy, Impaired relationship with a significant other, Ineffective role model, Knowledge about alternative responses to health related transitions, altered body function or structure, illness, or medical treatment, Lack of privacy, Lack of significant other, Skill deficit about alternative responses to health-related transitions, altered body function or structure, illness, or medical treatment

**References**


Readiness for Enhanced Childbearing Process (00208) (2008, LOE 2.1)

Domain 8: Sexuality

Class 3: Reproduction

Definition: A pattern of preparing for, maintaining and strengthening a healthy pregnancy and childbirth process and care of newborn*

Defining Characteristics

During Pregnancy: Reports appropriate prenatal lifestyle (e.g., diet, elimination, sleep, bodily movement, exercise, personal hygiene), Reports appropriate physical preparations, Reports managing unpleasant symptoms in pregnancy, Demonstrates respect for unborn baby, Reports a realistic birth plan, Prepares necessary newborn care items, Seeks necessary knowledge (e.g., of labor and delivery, newborn care), Reports availability of support systems, Has regular prenatal health visits

During Labor and Delivery: Reports lifestyle (e.g., diet, elimination, sleep, bodily movement, personal hygiene) that is appropriate for the stage of labor, Is proactive in labor and delivery, Uses relaxation techniques appropriate for the stage of labor, Demonstrates attachment behavior to the newborn baby, Utilizes support systems appropriately

After Birth*: Demonstrates appropriate baby feeding techniques, Demonstrates appropriate breast care, Demonstrates attachment behavior to the baby, Demonstrates basic baby care techniques, Provides safe environment for the baby, Reports appropriate postpartum lifestyle (e.g., diet, elimination, sleep, bodily movement, exercise, personal hygiene), Utilizes support system appropriately

* The original Japanese term for “Childbearing” is “Shussan Ikuji Koudou” which encompasses both childbirth and rearing of neonate. It is one of the main concepts of Japanese midwifery.

References


Risk for Disturbed Maternal/Fetal Dyad (00209) (2008, LOE 2.1)

Domain 8: Sexuality

Class 3: Reproduction

Definition: At risk for disruption of the symbiotic maternal/fetal dyad as a result of comorbid or pregnancy-related conditions

Risks Factors: Complications of pregnancy (e.g., premature rupture of membranes, placenta previa or abruption, late prenatal care, multiple gestation), Compromised O₂ transport (e.g., anemia, cardiac disease, asthma, hypertension, seizures, premature labor, hemorrhage), Impaired glucose metabolism (e.g., diabetes, steroid use), Physical abuse, Substance abuse (e.g., tobacco, alcohol, drugs), Treatment related side effects (e.g., medications, surgery, chemotherapy)

References


Post-Trauma Syndrome (00141) (1986, 1998)

*Domain 9: Coping/Stress Tolerance*

*Class 1: Post-Trauma Responses*

**Definition:** Sustained maladaptive response to a traumatic, overwhelming event

**Defining Characteristics:** Aggression, Alienation, Altered mood states, Anger, Anxiety, Avoidance, Compulsive behavior, Denial, Depression, Detachment, Difficulty concentrating, Enuresis (in children), Exaggerated startle response, Fear, Flashbacks, Gastric irritability, Grieving, Guilt, Headaches, Hopelessness, Horror, Hypervigilance, Intrusive dreams, Intrusive thoughts, Irritability, Neurosensory irritability, Nightmares, Palpitations, Panic attacks, Psychogenic amnesia, Rage, Rape, Reports feeling numb, Repression, Shame, Substance abuse

**Related Factors:** Abuse (physical and/or psychosocial), Being held prisoner of war, Criminal victimization, Disasters, Epidemics, Events outside the range of usual human experience, Serious accidents (e.g., industrial, motor vehicle), Serious injury to loved ones, Serious injury to self, Serious threat to loved ones, Serious threat to self, Sudden destruction of one’s community, Sudden destruction of one’s home, Torture, Tragic occurrence involving multiple deaths, Wars, Witnessing mutilation, Witnessing violent death

Risk for Post-Trauma Syndrome (00145) (1998)

*Domain 9: Coping/Stress Tolerance*

*Class 1: Post-Trauma Responses*

**Definition:** At risk for sustained maladaptive response to a traumatic, overwhelming event

**Risks Factors:** Diminished ego strength, Displacement from home, Duration of the event, Exaggerated sense of responsibility, Inadequate social support, Occupation (e.g., police, fire, rescue, corrections, emergency room staff, mental health worker), Perception of event, Survivor’s role in the event, Unsupportive environment

Rape-Trauma Syndrome (00142) (1980, 1998)

*Domain 9: Coping/Stress Tolerance*

*Class 1: Post-Trauma Responses*

**Definition:** Sustained maladaptive response to a forced, violent sexual penetration against the victim’s will and consent

**Defining Characteristics:** Aggression, Agitation, Anger, Anxiety, Change in relationships, Confusion, Denial, Dependence, Depression, Disorganization, Dissociative disorders, Embarrassment, Fear, Guilt, Helplessness, Humiliation, Hyperalertness, Impaired decision-making, Loss of self-esteem, Mood swings, Muscle spasms, Muscle tension, Nightmares, Paranoia, Phobias, Physical trauma, Powerlessness, Revenge, Self-blame, Sexual dysfunction, Shame, Shock, Sleep disturbances, Substance abuse, Suicide attempts, Vulnerability

**Related Factors:** Rape

Relocation Stress Syndrome (00114) (1992, 2000)

*Domain 9: Coping/Stress Tolerance*

*Class 1: Post-Trauma Responses*
**Definition:** Physiological and/or psychosocial disturbance following transfer from one environment to another

**Defining Characteristics:** Alienation, Aloneness, Anger, Anxiety (e.g., separation), Concern over relocation, Dependency, Depression, Fear, Frustration, Increased illness, Increased physical symptoms, Increased verbalization of needs, Insecurity, Loneliness, Loss of identity, Loss of self-worth, Pessimism, Sleep disturbance, Verbalizes unwillingness to move, Withdrawal, Worry

**Related Factors:** Decreased health status, Feelings of powerlessness, Unpredictability of experience, Impaired psychosocial health, Isolation, Lack of adequate support system, Lack of predeparture counseling, Language barrier, Losses, Move from one environment to another, Passive coping


**Domain 9: Coping/Stress Tolerance**

**Class 1: Post-Trauma Responses**

**Definition:** At risk for physiological and/or psychosocial disturbance following transfer from one environment to another

**Risk Factors:** Decreased health status, Lack of adequate support system, Lack of predeparture counseling, Losses, Moderate-to-high degree of environmental change, Moderate mental competence, Move from one environment to another, Passive coping, Unpredictability of experiences, Verbal expression of powerlessness


**Domain 9: Coping/Stress Tolerance**

**Class 2: Coping Responses**

**Definition:** Vague uneasy feeling of discomfort or dread accompanied by an autonomic response (the source often nonspecific or unknown to the individual); a feeling of apprehension caused by anticipation of danger. It is an alerting signal that warns of impending danger and enables the individual to take measures to deal with threat.

**Defining Characteristics**

**Behavioral:** Diminished productivity, Expressed concerns due to change in life events, Extraneous movement, Fidgeting, Glancing about, Insomnia, Poor eye contact, Restlessness, Scanning, Vigilance

**Affective:** Apprehensive, Anguish, Distressed, Fearful, Feelings of inadequacy, Focus on self, Increased wariness, Irritability, Jittery, Overexcited, Painful increased helplessness, Persistent increased helplessness, Rattled, Regretful, Uncertainty, Worried

**Physiological:** Facial tension, Hand tremors, Increased perspiration, Increased tension, Shakiness, Trembling, Voice quivering

**Sympathetic:** Anorexia, Cardiovascular excitation, Diarrhea, Dry mouth, Facial flushing, Heart pounding, Increased blood pressure, Increased pulse, Increased reflexes, Increased respiration, Pupil dilation, Respiratory difficulties, Superficial vasoconstriction, Twitching, Weakness

**Parasympathetic:** Abdominal pain, Decreased blood pressure, Decreased pulse, Diarrhea, Fatiness, Fatigue, Nausea, Sleep disturbance, Tingling in extremities, Urinary frequency, Urinary hesitancy, Urinary urgency
Cognitive: Awareness of physiologic symptoms, Blocking of thought, Confusion, Decreased perceptual field, Difficulty concentrating, Diminished ability to learn, Diminished ability to problem solve, Fear of unspecified consequences, Forgetfulness, Impaired attention, Preoccupation, Rumination, Tendency to blame others

Related Factors: Change in: Economic status, Environment, Health status, Interaction patterns, Role function, Role status, Exposure to toxins, Familial association, Heredity, Interpersonal contagion, Interpersonal transmission, Maturational crises, Situational crises, Stress, Substance abuse, Threat of death, Threat to: Economic status, Environment, Health status, Interaction patterns, Role function, Role status, Self-concept, Unconscious conflict about essential goals of life, Unconscious conflict about essential values, Unmet needs

Death Anxiety (00147) (1998, 2006, LOE 2.1)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: Vague uneasy feeling of discomfort or dread generated by perceptions of a real or imagined threat to one’s existence

Defining Characteristics: Reports concerns of overworking the caregiver, Reports deep sadness, Reports fear of developing terminal illness, Reports fear of loss of mental abilities when dying, Reports fear of pain related to dying, Reports fear of premature death, Reports fear of the process of dying, Reports fear of prolonged dying, Reports fear of suffering related to dying, Reports feeling powerless over dying, Reports negative thoughts related to death and dying, Reports worry about the impact of one’s own death on significant others

Related Factors: Anticipating adverse consequences of general anesthesia, Anticipating impact of death on others, Anticipating pain, Anticipating suffering, Confronting reality of terminal disease, Discussions on topic of death, Experiencing dying process, Near death experience, Nonacceptance of own mortality, Observations related to death, Perceived proximity of death, Uncertainty about an encounter with a higher power, Uncertainty about the existence of a higher power, Uncertainty about life after death, Uncertainty of prognosis

References


Compromised Family Coping (00074) (1980, 1996)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: Usually supportive primary person (family member or close friend) provides insufficient, ineffective, or compromised support, comfort, assistance, or encouragement that may be needed by the client to manage or master adaptive tasks related to his or her health challenge

Defining Characteristics

Objective: Significant person attempts assistive behaviors with unsatisfactory results, Significant person attempts supportive behaviors with unsatisfactory results, Significant person displays protective behavior disproportionate to client’s abilities, Significant person displays protective behavior disproportionate to client’s need for autonomy, Significant person enters into limited personal communication with client, Significant person withdraws from client

Subjective: Client expresses a complaint about significant person’s response to health problem, Client expresses a concern about significant person’s response to health problem, Significant person expresses an inadequate knowledge base, which interferes with effective supportive behaviors, Significant person expresses an inadequate understanding, which interferes with supportive behaviors, Significant person describes preoccupation with personal reaction (e.g., fear, anticipatory grief, guilt, anxiety) to client’s need

Related Factors: Coexisting situations affecting the significant person, Developmental crises that the significant person may be facing, Exhaustion of supportive capacity of significant people, Inadequate information by a primary person, Inadequate understanding of information by a primary person, Incorrect information by a primary person, Incorrect understanding of information by a primary person, Lack of reciprocal support, Little support provided by client, in turn, for primary person, Prolonged disease that exhausts supportive capacity of significant people, Situational crises that the significant person may be facing, Temporary family disorganization, Temporary family role changes, Temporary preoccupation by a significant person

Defensive Coping (00071) (1988, 2008, LOE 2.1)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses
**Definition:** Repeated projection of falsely positive self-evaluation based on a self-protective pattern that defends against underlying perceived threats to positive self-regard

**Defining Characteristics:** Denial of obvious problems, Denial of obvious weaknesses, Difficulty establishing relationships, Difficulty maintaining relationships, Difficulty in perception of reality testing, Grandiosity, Hostile laughter, Hypersensitivity to criticism, Hypersensitivity to slight, Lack of follow-through in therapy, Lack of follow-through in treatment, Lack of participation in therapy, Lack of participation in treatment, Projection of blame, Projection of responsibility, Rationalization of failures, Reality distortion, Ridicule of others, Superior attitude toward others

**Related Factors:** Conflict between self-perception and value system, Deficient support system, Fear of failure, Fear of humiliation, Fear of repercussions, Lack of resilience, Low level of confidence in others, Low level of self-confidence, Uncertainty, Unrealistic expectations of self

**References**


Disabled Family Coping (00073) (1980, 1996, 2008 LOE 2.1)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: Behavior of significant person (family member or other primary person) that disables his or her capacities and the client’s capacities to effectively address tasks essential to either person’s adaptation to the health challenge

Defining Characteristics: Abandonment, Aggression, Agitation, Carrying on usual routines without regard for client’s needs, Client’s development of dependence, Depression, Desertion, Disregarding client’s needs, Distortion of reality regarding client’s health problem, Family behaviors that are detrimental to well-being, Hostility, Impaired individualization, Impaired restructuring of a meaningful life for self, Intolerance, Neglectful care of client in regard to basic human needs, Neglectful care of client in regard to illness treatment, Neglectful relationships with other family members, Prolonged over-concern for client, Psychosomaticism, Rejection, Taking on illness signs of client

Related Factors: Arbitrary handling of family’s resistance to treatment, Dissonant coping styles for dealing with adaptive tasks by the significant person and client, Dissonant coping styles among significant people, Highly ambivalent family relationships, Significant person with chronically unexpressed feelings (e.g., guilt, anxiety, hostility, despair)

Ineffective Coping (00069) (1978, 1998)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: Inability to form a valid appraisal of the stressors, inadequate choices of practiced responses, and/or inability to use available resources

Defining Characteristics: Abuse of chemical agents, Change in usual communication patterns, Decreased use of social support, Destructive behavior toward others, Destructive behavior toward self, Difficulty organizing information, Fatigue, High illness rate, Inability to attend to information, Inability to meet basic needs, Inability to meet role expectations, Inadequate problem solving, Lack of goal-directed behavior, Lack of resolution of problem, Poor concentration, Risk taking, Sleep disturbance, Use of forms of coping that impede adaptive behavior, Verbalization of inability to ask for help, Verbalization of inability to cope

Related Factors: Disturbance in pattern of appraisal of threat, Disturbance in pattern of tension
release, Gender differences in coping strategies, High degree of threat Inability to conserve adaptive energies, Inadequate level of confidence in ability to cope, Inadequate level of perception of control, Inadequate opportunity to prepare for stressor, Inadequate resources available, Inadequate social support created by characteristics of relationships, Maturational crisis, Situational crisis, Uncertainty

**Ineffective Community Coping** (00077) (1994, 1998)

*Domain 9: Coping/Stress Tolerance*

*Class 2: Coping Responses*

**Definition:** Pattern of community activities for adaptation and problem-solving that is unsatisfactory for meeting the demands or needs of the community

**Defining Characteristics:** Community does not meet its own expectations, Deficits in community participation, Excessive community conflicts, Expressed community powerlessness, Expressed vulnerability, High illness rates, Increased social problems (e.g., homicides, vandalism, arson, terrorism, robbery, infanticide, abuse, divorce, unemployment, poverty, militancy, mental illness), Stressors perceived as excessive

**Related Factors:** Deficits in community social support services, Deficits in community social support resources, Natural disasters, Man-made disasters, Inadequate resources for problem solving, Ineffective community systems (e.g., lack of emergency medical system, transportation system, disaster planning systems), Nonexistent community systems

**Readiness for Enhanced Coping** (00158) (2002, LOE 2.1)

*Domain 9: Coping/Stress Tolerance*

*Class 2: Coping Responses*

**Definition:** A pattern of cognitive and behavioral efforts to manage demands that is sufficient for well-being and can be strengthened

**Defining Characteristics:** Acknowledges power, Aware of possible environmental changes, Defines stressors as manageable, Seeks knowledge of new strategies, Seeks social support, Uses a broad range of emotion-oriented strategies, Uses a broad range of problem-oriented strategies, Uses spiritual resources

**Readiness for Enhanced Community Coping** (00076) (1994)

*Domain 9: Coping/Stress Tolerance*

*Class 2: Coping Responses*

**Definition:** Pattern of community activities for adaptation and problem-solving that is satisfactory for meeting the demands or needs of the community but can be improved for management of current and future problems/stressors

**Defining Characteristics:** One or more characteristics that indicate effective coping: Active planning by community for predicted stressors, Active problem solving by community when faced with issues, Agreement that community is responsible for stress management, Positive communication among community members, Positive communication between community/aggregates and larger community, Programs available for recreation, Programs available for relaxation, Resources sufficient for managing stressors

**Readiness for Enhanced Family Coping** (00075) (1980)

*Domain 9: Coping/Stress Tolerance*

*Class 2: Coping Responses*
**Definition:** Effective management of adaptive tasks by family member involved with the client’s health challenge, who now exhibits desire and readiness for enhanced health and growth in regard to self and in relation to the client

**Defining Characteristics:** Chooses experiences that optimize wellness, Family member attempts to describe growth impact of crisis, Family member moves in direction of enriching lifestyle, Family member moves in direction of health promotion, Individual expresses interest in making contact with others who have experienced a similar situation

**Ineffective Denial** (00072) (1988, 2006, LOE 2.1)

**Domain 9: Coping/Stress Tolerance**

**Class 2: Coping Responses**

**Definition:** Conscious or unconscious attempt to disavow the knowledge or meaning of an event to reduce anxiety/fear, but leading to the detriment of health

**Defining Characteristics:** Delays seeking healthcare attention to the detriment of health, Displaces fear of impact of the condition, Displaces source of symptoms to other organs, Displays inappropriate affect, Does not admit fear of death, Does not admit fear of invalidism, Does not perceive personal relevance of danger, Does not perceive personal relevance of symptoms, Makes dismissive comments when speaking of distressing events, Makes dismissive gestures when speaking of distressing events, Minimizes symptoms, Refuses healthcare attention to the detriment of health, Unable to admit impact of disease on life pattern, Uses self-treatment

**Related Factors:** Anxiety, Fear of death, Fear of loss of autonomy, Fear of separation, Lack of competency in using effective coping mechanisms, Lack of control of life situation, Lack of emotional support from others, Overwhelming stress, Threat of inadequacy in dealing with strong emotions, Threat of unpleasant reality

**References**


*Domain 9: Coping/Stress Tolerance*

**Class 2: Coping Responses**

**Definition:** Response to perceived threat that is consciously recognized as a danger


**Cognitive:** Diminished productivity, Diminished learning ability, Diminished problem-solving ability, Identifies object of fear, Stimulus believed to be a threat

**Behaviors:** Attack behaviors, Avoidance behaviors, Impulsiveness, Increased alertness, Narrowed focus on the source of the fear

**Physiological:** Anorexia, Diarrhea, Dry mouth, Dyspnea, Fatigue, Increased perspiration, Increased pulse, Increased respiratory rate, Increased systolic blood pressure, Muscle tightness, Nausea, Pallor, Pupil dilation, Vomiting

**Related Factors:** Innate origin (e.g., sudden noise, height, pain, loss of physical support), Innate releasers (neurotransmitters), Language barrier, Learned response (e.g., conditioning, modeling from or identification with others), Phobic stimulus, Sensory impairment, Separation from support system in potentially stressful situation (e.g., hospitalization, hospital procedures), Unfamiliarity with environmental experience(s)


*Domain 9: Coping/Stress Tolerance*

*Class 2: Coping Responses*

**Definition:** A normal complex process that includes emotional, physical, spiritual, social, and intellec-
tual responses and behaviors by which individuals, families, and communities incorporate an actual, anticipated, or perceived loss into their daily lives

**Defining Characteristics:** Alteration in activity level, Alterations in dream patterns, Alterations in immune function, Alterations in neuroendocrine function, Alterations in sleep patterns, Anger, Blame, Detachment, Despair, Disorganization, Experiencing relief, Maintaining the connection to the deceased, Making meaning of the loss, Pain, Panic behavior, Personal growth, Psychological distress, Suffering

**Related Factors:** Anticipatory loss of significant object (e.g., possession, job, status, home, parts and processes of body), Anticipatory loss of a significant other, Death of a significant other, Loss of significant object (e.g., possession, job, status, home, parts and processes of body)

* This diagnosis formerly held the label *Anticipatory Grieving.*

**References**


**Domain 9: Coping/Stress Tolerance**

**Class 2: Coping Responses**
Definition: A disorder that occurs after the death of a significant other, in which the experience of distress accompanying bereavement fails to follow normative expectations and manifests in functional impairment

Defining Characteristics: Decreased functioning in life roles, Decreased sense of wellbeing, Depression, Experiencing somatic symptoms of the deceased, Fatigue, Grief avoidance, Longing for the deceased, Low levels of intimacy, Persistent emotional distress, Preoccupation with thoughts of the deceased, Rummation, Searching for the deceased, Self-blame, Separation distress, Traumatic distress, Verbalizes anxiety, Verbalizes distressful feelings about the deceased, Verbalizes feeling dazed, Verbalizes feeling empty, Verbalizes feeling in shock, Verbalizes self-blame, Verbalizes thoughts of the deceased, Verbalizes feelings of anger, Verbalizes feelings of detachment from others, Verbalizes feelings of disbelief, Verbalizes feelings of mistrust, Verbalizes lack of acceptance of the death, Verbalizes persistent painful memories, Verbalizes self-blame, Yearning

Related Factors: Death of a significant other, Emotional instability, Lack of social support, Sudden death of significant other

* This diagnosis formerly held the label Dysfunctional Grieving.

References


Risk for Complicated Grieving*  (00172) (2004, 2006, LOE 2.1)

**Domain 9: Coping/Stress Tolerance**

**Class 2: Coping Responses**

**Definition:** At risk for a disorder that occurs after the death of a significant other, in which the experience of distress accompanying bereavement fails to follow normative expectations and manifests in functional impairment

**Risk Factors:** Death of a significant other, Emotional instability, Lack of social support

* This diagnosis formerly held the label Risk for Dysfunctional Grieving.

**References**


Impaired Individual Resilience (00210) (2008, LOE 2.1)

**Domain 9: Coping/Stress Tolerance**

**Class 2: Coping Responses**

**Definition:** Decreased ability to sustain a pattern of positive responses to an adverse situation or crisis
Defining Characteristics: Decreased interest in academic activities, Decreased interest in vocational activities, Depression, Guilt, Isolation, Low self-esteem, Lower perceived health status, Renewed elevation of distress, Shame, Social isolation, Using maladaptive coping skills (i.e., drug use, violence, etc.)

Related Factors: Demographics that increase chance of maladjustment, Drug use, Gender, Inconsistent parenting, Low intelligence, Low maternal education, Large family size, Minority status, Parental mental illness, Poor impulse control, Poverty, Psychological disorders, Vulnerability factors which encompass indices that exacerbate the negative effects of the risk condition, Violence, Violence in neighborhood

References


Readiness for Enhanced Resilience (00212) (2008, LOE 2.1)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: A pattern of positive responses to an adverse situation or crisis that can be strengthened to optimize human potential

Defining Characteristics: Access to resources, Demonstrates positive outlook, Effective use of conflict management strategies, Enhances personal coping skills, Expressed desire to enhance resilience, Identifies available resources, Identifies support systems, Increases positive relationships with others, Involvement in activities, Makes progress toward goals, Presence of a crisis, Safe environment is maintained, Sets goals, Takes responsibilities for actions, Use of effective communication skills, Verbalizes an enhanced sense of control, Verbalizes self esteem

Related Factors: Demographics that increase chance of maladjustment, Drug use, Gender, Inconsistent parenting, Low intelligence, Low maternal education, Large family size, Minority status, Parental mental illness Poor impulse control, Poverty, Psychological disorders, Vulnerability factors which encompass indices that exacerbate the negative effects of the risk condition, Violence

References


Risk for Compromised Resilience (00211) (2008, LOE 2.1)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: At risk for decreased ability to sustain a pattern of positive responses to an adverse situation or crisis

Risk Factors: Chronicity of existing crises, Multiple coexisting adverse situations, Presence of an additional new crisis (e.g., unplanned pregnancy, death of a spouse, loss of job, illness, loss of housing, death of family member)

References


Chronic Sorrow (00137) (1998)

Domain 9: Coping/Stress Tolerance
Class 2: Coping Responses

Definition: Cyclical, recurring, and potentially progressive pattern of pervasive sadness experienced (by a parent, caregiver, individual with chronic illness or disability) in response to continual loss, throughout the trajectory of an illness or disability

Defining Characteristics: Expresses negative feelings (e.g., anger, being misunderstood, confusion, depression, disappointment, emptiness, fear, frustration, guilt, self-blame, helplessness, hopelessness, loneliness, low self-esteem, recurring loss, overwhelmed), Expresses feelings of sadness (e.g., periodic, recurrent), Expresses feelings that interfere with ability to reach highest level of personal wellbeing, Expresses feelings that interfere with ability to reach highest level of social wellbeing

Related Factors: Death of a loved one, Experiences chronic disability (e.g., physical or mental), Experiences chronic illness (e.g., physical or mental), Crises in management of the disability, Crises in management of the illness, Crises related to developmental stages, Missed opportunities, Missed milestones, Unending caregiving

Stress Overload (00177) (2006, LOE 3.2)

Domain 9: Coping/Stress Tolerance

Class 2: Coping Responses

Definition: Excessive amounts and types of demands that require action

Defining Characteristics: Demonstrates increased feelings of anger, Demonstrates increased feelings of impatience, Expresses difficulty in functioning, Expresses a feeling of pressure, Expresses a feeling of tension, Expresses increased feelings of anger, Expresses increased feelings of impatience, Expresses problems with decision making, Reports negative impact from stress (e.g., physical symptoms, psychological distress, feeling of being sick or of going to get sick), Reports excessive situational stress (e.g., rates stress level as seven or above on a 10-point scale)

Related Factors: Inadequate resources (e.g., financial, social, education/knowledge level), Intense stressors (e.g., family violence, chronic illness, terminal illness), Multiple coexisting stressors (e.g., environmental threats/demands; physical threats/demands; social threats/demands), Repeated stressors (e.g., family violence, chronic illness, terminal illness)

References


### Autonomic Dysreflexia (00009) (1988)

**Domain 9: Coping/Stress Tolerance**

**Class 3: Neurobehavioral Stress**

**Definition:** Life-threatening, uninhibited sympathetic response of the nervous system to a noxious stimulus after a spinal cord injury at T7 or above

**Defining Characteristics:** Blurred vision, Bradycardia, Chest pain, Chilling, Conjunctival congestion, Diaphoresis (above the injury), Headache (a diffuse pain in different portions of the head and not confined to any nerve distribution area), Horner’s syndrome, Metallic taste in mouth, Nasal congestion, Pallor (below the injury), Paraesthesia, Paroxysmal hypertension, Pilomotor reflex, Red splotches on skin (above the injury), Tachycardia

**Related Factors:** Bladder distension, Bowel distension, Deficient caregiver knowledge, Deficient patient knowledge, Skin irritation

Domain 9: Coping/Stress Tolerance

Class 3: Neurobehavioral Stress

Definition: At risk for life-threatening, uninhibited response of the sympathetic nervous system, post spinal shock, in an individual with spinal cord injury or lesion at T6 or above (has been demonstrated in patients with injuries at T7 and T8)

Risk Factors: An injury at T6 or above or a lesion at T6 or above AND at least one of the following noxious stimuli.

Cardiopulmonary Stimuli: Deep vein thrombosis, Pulmonary emboli

Gastrointestinal Stimuli: Bowel distention, Constipation, Difficult passage of feces, Digital stimulation, Enemas, Esophageal reflex, Fecal impaction, Gallstones, Gastric ulcers, Gastrointestinal system pathology, Hemorrhoids, Suppositories

Musculoskeletal-Integumentary Stimuli: Cutaneous stimulation (e.g., pressure ulcer, ingrown toenail, dressings, burns, rash), Fractures, Heterotopic bone, Pressure over bony prominences, Pressure over genitalia, Range-of-motion exercises, Spasm, Sunburns, Wounds

Neurological Stimuli: Irritating stimuli below level of injury, Painful stimuli below level of injury

Regulatory Stimuli: Extreme environmental temperatures, Temperature fluctuations

Reproductive Stimuli: Ejaculation, Labor and delivery, Menstruation, Ovarian cyst, Pregnancy, Sexual intercourse

Situational Stimuli: Constrictive clothing (e.g., straps, stockings, shoes), Drug reactions (e.g., decongestants, sympathomimetics, vasoconstrictors), Narcotic/opiate withdrawal, Positioning, Surgical procedure

Urological Stimuli: Bladder distension, Bladder spasm, Calculi, Catheterization, Cystitis, Detrusor sphincter dyssynergia, Epididymitis, Instrumentation, Surgery, Urethritis, Urinary tract infection


Domain 9: Coping/Stress Tolerance

Class 3: Neurobehavioral Stress

Definition: Disintegrated physiological and neurobehavioral responses of infant to the environment

Defining Characteristics

Attention-Interaction System: Abnormal response to sensory stimuli (e.g., difficult to soothe, inability to sustain alert status)

Motor System: Altered primitive reflexes, Changes to motor tone, Finger splaying, Fisting, Hands to face, Hyperextension of extremities, Jittery, Startles, Tremors, Twitches, Uncoordinated movement

Physiological: Arrhythmias, Bradycardia, Desaturation, Feeding intolerances, Skin color changes, Tachycardia, Time-out signals (e.g., gaze, grasp, hiccup, cough, sneeze, sigh, slack jaw, open mouth, tongue thrust)
Regulatory Problems: Inability to inhibit startle, Irritability

State-Organization System: Active-awake (fussy, worried gaze), Diffuse sleep, Irritable crying, Quiet-awake (staring, gaze aversion), State-oscillation

Related Factors

Caregiver: Cue knowledge deficit, Cue misreading, Environmental stimulation contribution

Environmental: Lack of containment within environment, Physical environment inappropriate-ness, Sensory deprivation, Sensory inappropriateness, Sensory overstimulation

Individual: Gestational age, Illness, Immature neurological system, Postconceptual age

Postnatal: Feeding intolerance, Invasive procedures, Malnutrition, Motor problems, Oral problems, Pain, Prematurity

Prenatal: Congenital disorders, Genetic disorders, Teratogenic exposure

Risk for Disorganized Infant Behavior (00115) (1994)

Domain 9: Coping/Stress Tolerance

Class 3: Neurobehavioral Stress

Definition: Risk for alteration in integrating and modulation of the physiological and behavioral systems of functioning (i.e., autonomic, motor, state—organization, self-regulatory, and attentional—interactional systems)

Risk Factors: Environmental overstimulation, Invasive procedures, Lack of containment within environment, Motor problems, Oral problems, Pain, Painful procedures, Prematurity


Domain 9: Coping/Stress Tolerance

Class 3: Neurobehavioral Stress

Definition: A pattern of modulation of the physiologic and behavioral systems of functioning (i.e., autonomic, motor, state—organization, self-regulatory, and attentional—interactional systems) in an infant who is satisfactory but can be improved

Defining Characteristics: Definite sleep-wake states, Response to stimuli (e.g., visual, auditory), Stable physiologic measures, Use of some self-regulatory behaviors

Decreased Intracranial Adaptive Capacity (00049) (1994)

Domain 9: Coping/Stress Tolerance

Class 3: Neurobehavioral Stress

Definition: Intracranial fluid dynamic mechanisms that normally compensate for increases in intracranial volumes are compromised, resulting in repeated disproportionate increases in intracranial pressure (ICP) in response to a variety of noxious and non-noxious stimuli

Defining Characteristics: Baseline ICP >10 mmHg, Disproportionate increase in ICP following stimulus, Elevated P2 ICP waveform, Repeated increases of >10 mmHg for more than 5 minutes following any of a variety of external stimuli, Volume pressure response test variation (volume: pressure ratio 2, pressure volume index <10), Wide-amplitude ICP waveform
**Related Factors:** Brain injuries, Decreased cerebral perfusion <50–60 mmHg, Sustained increase in ICP of 10–15 mmHg, Systemic hypotension with intracranial hypertension

**Readiness for Enhanced Hope** (00185) (2006, LOE 2.1)

*Domain 10: Life Principles*

*Class 1: Values*

*Class 2: Beliefs*

*Domain 6: Self-Perception*

*Class 1: Self-Concept*

**Definition:** A pattern of expectations and desires that is sufficient for mobilizing energy on one’s own behalf and can be strengthened

**Defining Characteristics:** Expresses desire to enhance ability to set achievable goals, Expresses desire to enhance belief in possibilities, Expresses desire to enhance congruency of expectations with desires, Expresses desire to enhance hope, Expresses desire to enhance interconnectedness with others, Expresses desire to enhance problem-solving to meet goals, Expresses desire to enhance sense of meaning to life, Expresses desire to enhance spirituality

**References**


*Domain 10: Life Principles*

*Class 2: Beliefs*

**Definition:** Ability to experience and integrate meaning and purpose in life through connectedness with self, others, art, music, literature, nature, and/or a power greater than oneself that can be strengthened

**Defining Characteristics**

- **Connections to Self:** Expresses desire for enhanced acceptance, Expresses desire for enhanced coping, Expresses desire for enhanced courage, Expresses desire for enhanced forgiveness of self, Expresses desire for enhanced hope, Expresses desire for enhanced joy, Expresses desire for enhanced love, Expresses desire for enhanced meaning in life, Expresses desire for enhanced purpose in life, Expresses desire for enhanced satisfying philosophy of life, Expresses desire for enhanced surrender, Expresses desire for enhanced serenity (e.g., peace), Meditation

- **Connections with Others:** Provides service to others, Requests interactions with significant others, Requests interactions with spiritual leaders, Requests forgiveness of others

- **Connections with Art, Music, Literature, Nature:** Displays creative energy (e.g., writing, poetry, singing), Listens to music, Reads spiritual literature, Spends time outdoors

- **Connections with Power Greater Than Self:** Expresses awe, Expresses reverence, Participates in religious activities, Prays, Reports mystical experiences
Decisional Conflict (00083) (1988, 2006, LOE 2.1)

Domain 10: Life Principles

Class 3: Value/Belief/Action Congruence

Definition: Uncertainty about course of action to be taken when choice among competing actions involves risk, loss, or challenge to values and beliefs

Defining Characteristics: Delayed decision-making, Physical signs of distress or tension (e.g., increased heart rate, increased muscle tension, restlessness), Questioning moral principles while attempting a decision, Questioning moral rules while attempting a decision, Questioning moral values while attempting a decision, Questioning personal beliefs while attempting a decision, Questioning personal values while attempting a decision, Self-focusing, Vacillation among alternative choices, Verbalizes feeling of distress while attempting a decision, Verbalizes uncertainty about choices, Verbalizes undesired consequences of alternative actions being considered

Related Factors: Divergent sources of information, Interference with decision-making, Lack of experience with decision-making, Lack of relevant information, Moral obligations require performing action, Moral obligations require not performing action, Moral principles support mutually inconsistent courses of action, Moral rules support mutually inconsistent courses of action, Moral values support mutually inconsistent courses of action, Multiple sources of information, Perceived threat to value system, Support system deficit, Unclear personal beliefs, Unclear personal values

References

Moral Distress (00175) (2006, LOE 2.1)

Domain 10: Life Principles

Class 3: Values/Belief/Action Congruence

Definition: Response to the inability to carry out one’s chosen ethical/moral decision/action

Defining Characteristics: Expresses anguish (e.g., powerlessness, guilt, frustration, anxiety, self-doubt, fear) over difficulty acting on one’s moral choice

Related Factors: Conflict among decision-makers, Conflicting information guiding ethical decision-making, Conflicting information guiding moral decision-making, Cultural conflicts, End-
of-life decisions, Loss of autonomy, Physical distance of decision-maker, Time constraints for decision-making, Treatment decisions

References


Domain 10: Life Principles

Class 3: Value/Belief/Action Congruence

Definition: Behavior of person and/or caregiver that fails to coincide with a health-promoting or therapeutic plan agreed on by the person (and/or family and/or community) and healthcare professional. In the presence of an agreed-on, health promoting or therapeutic plan, person’s or caregiver’s behavior is fully or partially nonadherent and may lead to clinically ineffective or partially ineffective outcomes.

Defining Characteristics: Behavior indicative of failure to adhere, Evidence of development of complications, Evidence of exacerbation of symptoms, Failure to keep appointments, Failure to progress, Objective tests (e.g., physiological measures, detection of physiologic markers)

Related Factors

Health System: Access to care, Client/provider relationships, Communication skills of the provider, Convenience of care, Credibility of provider, Individual health coverage, Provider continuity, Provider regular follow-up, Provider reimbursement, Satisfaction with care, Teaching skills of the provider.

Healthcare Plan: Complexity, Cost, Duration, Financial flexibility of plan, Intensity.

Individual: Cultural influences, Developmental abilities, Health beliefs, Individual’s value system, Knowledge relevant to the regimen behavior, Motivational forces Personal abilities, Significant others, Skill relevant to the regimen behavior, Spiritual values.

Network: Involvement of members in health plan, Perceived beliefs of significant others, Social value regarding plan.

Impaired Religiosity (00169) (2004, LOE 2.1)

Domain 10: Life Principles

Class 3: Value/Belief/Action Congruence

Definition: Impaired ability to exercise reliance on beliefs and/or participate in rituals of a particular faith tradition.

Defining Characteristics: Difficulty adhering to prescribed religious beliefs, Difficulty adhering to prescribed religious rituals (e.g., religious ceremonies, dietary regulations, clothing, prayer, worship/religious services, private religious behaviors/reading religious materials/media, holiday observances, meetings with religious leaders), Expresses emotional distress because of separation from faith community, Expresses a need to reconnect with previous belief patterns, Expresses a need to reconnect with previous customs, Questions religious belief patterns, Questions religious customs.

Related Factors

Developmental and Situational: Aging, End-stage life crises, Life transitions.

Physical: Illness, Pain.

Psychological: Anxiety, Fear of death, Ineffective coping, Ineffective support, Lack of security, Personal crisis, Use of religion to manipulate.

Sociocultural: Cultural barriers to practicing religion, Environmental barriers to practicing religion, Lack of social integration, Lack of sociocultural interaction.

Spiritual: Spiritual crises, Suffering.
Readiness for Enhanced Religiosity (00171) (2004, LOE 2.1)

*Domain 10: Life Principles*

*Class 3: Value/Belief/Action Congruence*

**Definition:** Ability to increase reliance on religious beliefs and/or participate in rituals of a particular faith tradition

**Defining Characteristics:** Expresses desire to strengthen religious belief patterns that have provided comfort in the past, Questions belief patterns that are harmful, Requests forgiveness, Requests meeting with religious leaders/facilitators, Requests reconciliation, Requests religious experiences, Requests religious materials

Risk for Impaired Religiosity (00170) (2004, LOE 2.1)

*Domain 10: Life Principles*

*Class 3: Value/Belief/Action Congruence*

**Definition:** At risk for an impaired ability to exercise reliance on religious beliefs and/or participate in rituals of a particular faith tradition

**Risks Factors**

*Developmental:* Life transitions

*Environmental:* Barriers to practicing religion, Lack of transportation

*Physical:* Hospitalization, Illness, Pain

*Psychological:* Depression, Ineffective caregiving, Ineffective coping, Ineffective support, Lack of security

*Sociocultural:* Cultural barrier to practicing religion, Lack of social interaction, Social isolation

*Spiritual:* Suffering

Spiritual Distress (00066) (1978, 2002, LOE 2.1)

*Domain 10: Life Principles*

*Class 3: Value/Belief/Action Congruence*

**Definition:** Impaired ability to experience and integrate meaning and purpose in life through connectedness with self, others, art, music, literature, nature, and/or a power greater than oneself

**Defining Characteristics**

*Connections to Self:* Anger, Expresses lack of acceptance, Expresses lack of courage, Expresses lack of self-forgiveness, Expresses lack of hope, Expresses lack of love, Expresses lack of meaning in life, Expresses lack of purpose in life, Expresses lack of serenity (e.g., peace), Guilt, Poor coping
Connections with Others: Presents alienation, Refuses interactions with significant others, Refuses interactions with spiritual leaders, Verbalizes being separated from support system

Connections with Art, Music, Literature, Nature: Disinterest in nature, Disinterest in reading spiritual literature, Inability to express previous state of creativity (e.g., singing/listening to music/writing)

Connections with Power Greater than Self: Expresses being abandoned, Expresses having anger toward God, Expresses hopelessness, Expresses suffering, Inability to be introspective, Inability to experience the transcendent, Inability to participate in religious activities, Inability to pray, Requests to see a religious leader, Sudden changes in spiritual practices

Related Factors: Active dying, Anxiety, Chronic illness, Death, Life change, Loneliness, Pain, Self-alienation, Social alienation, Sociocultural deprivation


Domain 10: Life Principles

Class 3: Value/Belief/Action Congruence

Definition: At risk for an impaired ability to experience and integrate meaning and purpose in life through connectedness with self, others, art, music, literature, nature, and/or a power greater than oneself

Risk Factors

Developmental: Life changes

Environmental: Environmental changes, Natural disasters

Physical: Chronic illness, Physical illness, Substance abuse

Psychosocial: Anxiety, Blocks to experiencing love, Change in religious rituals, Change in spiritual practices, Cultural conflict, Depression, Inability to forgive, Loss, Low self-esteem, Poor relationships, Racial conflict, Separated support systems, Stress

Risk for Infection (00004) (1986)

Domain 11: Safety/Protection

Class 1: Infection

Definition: At increased risk for being invaded by pathogenic organisms

Risks Factors:

Chronic disease: Inadequate acquired immunity, Inadequate primary defenses (e.g., broken skin, traumatized tissue, decrease in ciliary action, stasis of body fluids, change in pH secretions, altered peristalsis), Inadequate secondary defenses (e.g., decreased hemoglobin, leukopenia, suppressed inflammatory response), Increased environmental exposure to pathogens, Immunosuppression, Invasive procedures, Insufficient knowledge to avoid exposure to pathogens, Malnutrition, Pharmaceutical agents (e.g., immunosuppressants), Premature rupture of amniotic membranes, Prolonged rupture of amniotic membranes, Trauma, Tissue destruction


Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: Inability to clear secretions or obstructions from the respiratory tract to maintain a clear airway
Defining Characteristics: Absent cough, Adventitious breath sounds, Changes in respiratory rate, Changes in respiratory rhythm, Cyanosis, Difficulty vocalizing, Diminished breath sounds, Dyspnea, Excessive sputum, Ineffective cough, Orthopnea, Restlessness, Wide-eyed

Related Factors

Environmental: Second-hand smoke, Smoke inhalation, Smoking

Obstructed Airway: Airway spasm, Excessive mucus, Exudate in the alveoli, Foreign body in airway, Presence of artificial airway, Retained secretions, Secretions in the bronchi

Physiological: Allergic airways, Asthma, Chronic obstructive pulmonary disease, Hyperplasia of the bronchial walls, Infection, Neuromuscular dysfunction

Risk for Aspiration (00039) (1988)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: At risk for entry of gastrointestinal secretions, oropharyngeal secretions, solids, or fluids into tracheobronchial passages

Risk Factors: Decreased gastrointestinal motility, Delayed gastric emptying, Depressed cough, Depressed gag reflex, Facial surgery, Facial trauma, Gastrointestinal tubes, Incompetent lower esophageal sphincter, Increased gastric residual, Increased intragastric pressure, Impaired swallowing, Medication administration, Neck surgery, Neck trauma, Oral surgery, Oral trauma, Presence of endotracheal tube, Presence of tracheostomy tube, Reduced level of consciousness, Situations hindering elevation of upper body, Tube feedings, Wired jaws

Risk for Sudden Infant Death Syndrome (00156) (2002, LOE 3.3)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: Presence of risk factors for sudden death of an infant under 1 year of age

Risk Factors

Modifiable: Delayed prenatal care, Infant overheating, Infant overwrapping, Infants placed to sleep in the prone position, Infants placed to sleep in the side-lying position, Lack of prenatal care, Postnatal infant smoke exposure, Prenatal infant smoke exposure, Soft underlayment (loose articles in the sleep environment)

Potentially Modifiable: Low birth weight, Prematurity, Young maternal age

Nonmodifiable: Ethnicity (e.g., African-American or Native American), Male gender, Seasonality of sudden infant death syndrome (SIDS) deaths (e.g., winter and fall months), Infant age of 2–4 months

Impaired Dentition (00048) (1998)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: Disruption in tooth development/eruption patterns or structural integrity of individual teeth

Defining Characteristics: Abraded teeth, Absence of teeth, Asymmetrical facial expression,
Crown caries, Erosion of enamel, Excessive calculus, Excessive plaque, Halitosis, Incomplete eruption for age (may be primary or permanent teeth), Loose teeth, Malocclusion, Missing teeth, Premature loss of primary teeth, Root caries, Tooth enamel discoloration, Tooth fracture(s), Tooth misalignment, Toothache, Worn down teeth

Related Factors: Barriers to self-care, Bruxism, Chronic use of coffee, Chronic use of tea, Chronic use of red wine, Chronic use of tobacco, Chronic vomiting, Deficient knowledge regarding dental health, Dietary habits, Economic barriers to professional care, Excessive use of abrasive cleaning agents, Excessive intake of fluorides, Genetic predisposition, Ineffective oral hygiene, Lack of access to professional care, Nutritional deficits, Selected prescription medications, Sensitivity to cold, Sensitivity to heat

Risk for Falls (00155) (2000)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: Increased susceptibility to falling that may cause physical harm

Risk Factors

Adults: Age 65 or over, History of falls, Lives alone, Lower limb prosthesis, Use of assistive devices (e.g., walker, cane), Wheelchair use

Children: <2 years of age, Bed located near window, Lack of automobile-restraints, Lack of gate on stairs, Lack of window guard, Lack of parental supervision, Male gender when <1 year of age, Unattended infant on elevated surface (e.g., bed/changing table)

Cognitive: Diminished mental status

Environment: Cluttered environment, Dimly lit room, No antislip material in bath, No antislip material in shower, Restraints, Throw rugs, Unfamiliar room, Weather conditions (e.g., wet floors, ice)

Medications: Angiotensin-converting enzyme (ACE) inhibitors, Alcohol use, Antianxiety agents, Antihypertensive agents, Diuretics, Hypnotics, Narcotics/opiates, Tranquilizers, Tricyclic antidepressants

Physiological: Anemias, Arthritis, Diarrhea, Decreased lower extremity strength, Difficulty with gait, Faintness when extending neck, Faintness when turning neck, Foot problems, Hearing difficulties, Impaired balance, Impaired physical mobility, Incontinence, Neoplasms (i.e., fatigue/limited mobility), Neuropathy, Orthostatic hypotension, Postoperative conditions, Postprandial blood sugar changes, Presence of acute illness, Proprioceptive deficits, Sleeplessness, Urgency, Vascular disease, Visual difficulties

Risk for Injury (00035) (1978)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: At risk of injury as a result of environmental conditions interacting with the individual’s adaptive and defensive resources

Risk Factors

External: Biological (e.g., immunization level of community, microorganism), Chemical (e.g., poisons, pollutants, drugs, pharmaceutical agents, alcohol, nicotine, preservatives, cosmetics, dyes), Human (e.g., nosocomial agents, staffing patterns, or cognitive, affective, psychomotor
Risk for Perioperative-Positioning Injury (00087) (1994, 2006, LOE 2.1)

Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: At risk for inadvertent anatomical and physical changes as a result of posture or equipment used during an invasive/surgical procedure

Risk Factors: Disorientation, Edema, Emaciation, Immobilization, Muscle weakness, Obesity, Sensory/perceptual disturbances due to anesthesia

References


Domain 11: Safety/Protection

Class 2: Physical Injury

Definition: Disruption of the lips and/or soft tissue of the oral cavity

Defining Characteristics: Bleeding, Bluish masses (e.g., hemangiomas), Cheilitis, Coated tongue, Desquamation, Difficult speech, Difficulty eating, Difficulty swallowing, Diminished taste, Edema, Enlarged tonsils, Fissures, Geographic tongue, Gingival hyperplasia, Gingival pallor, Gingival recession, Halitosis, Hyperemia, Macroplasia, Mucosal denudation, Mucosal pallor, Nodules, Oral discomfort, Oral lesions, Oral pain, Oral ulcers, Papules, Pocking deeper than 4 mm, Presence of pathogens, Purulent drainage, Purulent exudates, Red masses (e.g., hemangiomas), Reports bad taste in mouth, Smooth atrophic tongue, Spongy patches, Stomatitis, Vesicles, White, curd-like exudate, White patches, White plaques, Xerostomia

Related Factors: Barriers to oral self-care, Barriers to professional care, Chemotherapy, Chemical irritants (e.g., alcohol, tobacco, acidic foods, drugs, regular use of inhalers or other noxious...
agents), Cleft lip, Cleft palate, Decreased platelets, Decreased salivation, Deficient knowledge of appropriate oral hygiene, Dehydration, Depression, Diminished hormone levels (women), Ineffective oral hygiene, Infection, Immunocompromised, Immunosuppressed, Loss of supportive structures, Malnutrition, Mechanical factors (e.g., ill-fitting dentures, braces, tubes (endotracheal/ nasogastric), surgery in oral cavity), Medication side effects, Mouth breathing, Nil by mouth (NPO) for more than 24 hours, Radiation therapy, Stress, Trauma

**Risk for Peripheral Neurovascular Dysfunction (00086) (1992)**

*Domain 11: Safety/Protection*

*Class 2: Physical Injury*

**Definition:** At risk for disruption in circulation, sensation, or motion of an extremity

**Risk Factors:** Burns, Fractures, Immobilization, Mechanical compression (e.g., tourniquet, cane, cast, brace, dressing, restraint), Orthopedic surgery, Trauma, Vascular obstruction

**Ineffective Protection (00043) (1990)**

*Domain 11: Safety/Protection*

*Class 2: Physical Injury*

**Definition:** Decrease in the ability to guard self from internal or external threats such as illness or injury

**Defining Characteristics:** Altered clotting, Anorexia, Chilling, Cough, Deficient immunity, Disorientation, Dyspnea, Fatigue, Immobility, Impaired healing, Insomnia, Itching, Maladaptive stress response, Neurosensory alteration, Perspiring, Pressure ulcers, Restlessness, Weakness

**Related Factors:** Abnormal blood profiles (e.g., leukopenia, thrombocytopenia, anemia, coagulation), Alcohol abuse, Cancer, Drug therapies (e.g., antineoplastic, corticosteroid, immune, anticoagulant, thrombolytic), Extremes of age, Immune disorders, Inadequate nutrition, Treatments (e.g., surgery, radiation)

**Impaired Skin Integrity (00046) (1975, 1998)**

*Domain 11: Safety/Protection*

*Class 2: Physical Injury*

**Definition:** Altered epidermis and/or dermis

**Defining Characteristics:** Destruction of skin layers, Disruption of skin surface, Invasion of body structures

**Related Factors**

*External:* Chemical substance, Extremes in age, Humidity, Hyperthermia, Hypothermia, Mechanical factors (e.g., shearing forces, pressure, restraint), Medications, Moisture, Physical immobilization, Radiation

*Internal:* Changes in fluid status, Changes in pigmentation, Changes in turgor, Developmental factors, Imbalanced nutritional state (e.g., obesity, emaciation), Immunological deficit, Impaired circulation, Impaired metabolic state, Impaired sensation, Skeletal prominence

**Risk for Impaired Skin Integrity (00047) (1975, 1998)**

*Domain 11: Safety/Protection*

*Class 2: Physical Injury*
**Definition:** At risk for skin being adversely altered

**Risk Factors**

**External:** Chemical substance, Excretions, Extremes of age, Hyperthermia, Hypothermia, Humidity, Mechanical factors (e.g., shearing forces, pressure, restraint), Moisture, Physical immobilization, Radiation, Secretions

**Internal:** Changes in pigmentation, Changes in skin turgor, Developmental factors, Imbalanced nutritional state (e.g., obesity, emaciation), Impaired circulation, Impaired metabolic state, Impaired sensation, Immunologic factors, Medications, Psychogenetic factors, Skeletal prominence

*Note: risk should be determined by use of a standardized risk assessment tool.*

**Risk for Suffocation** (00036) (1980)

**Domain 11: Safety/Protection**

**Class 2: Physical Injury**

**Definition:** Accentuated risk of accidental suffocation (inadequate air available for inhalation)

**Risk Factors**

**External:** Discarding refrigerators without removed doors, Eating large mouthfuls of food, Hanging a pacifier around infant’s neck, Household gas leaks, Inserting small objects into airway, Leaving children unattended in water, Low-strung clothesline, Pillow placed in infant’s crib, Playing with plastic bags, Propped bottle placed in infant’s crib, Smoking in bed, Fuel-burning heaters not vented to outside, Vehicle warming in closed garage

**Internal:** Cognitive difficulties, Disease process, Emotional difficulties, Injury process, Lack of safety education, Lack of safety precautions, Reduced motor abilities, Reduced olfactory sensation

**Impaired Tissue Integrity** (00044) (1986, 1998)

**Domain 11: Safety/Protection**

**Class 2: Physical Injury**

**Definition:** Damage to mucous membrane, corneal, integumentary, or subcutaneous tissues

**Defining Characteristics:** Damaged tissue (e.g., cornea, mucous membrane, integumentary, subcutaneous), Destroyed tissue

**Related Factors:** Altered circulation, Chemical irritants, Fluid deficit, Fluid excess, Impaired physical mobility, Knowledge deficit, Mechanical factors (e.g., pressure, shear, friction), Nutritional factors (e.g., deficit or excess), Radiation, Temperature extremes

**Risk for Trauma** (00038) (1980)

**Domain 11: Safety/Protection**

**Class 2: Physical Injury**

**Definition:** Accentuated risk of accidental tissue injury (e.g., wound, burn, fracture)

**Risk Factors**

**External:** Accessibility of guns, Bathing in very hot water (e.g., unsupervised bathing of young children), Bathtub without antislip equipment, Children playing with dangerous objects, Children playing without gate at top of stairs, Children riding in the front seat in car, Contact with
corrosives, Contact with intense cold, Contact with rapidly moving machinery, Defective appliances, Delayed lighting of gas appliances, Driving a mechanically unsafe vehicle, Driving at excessive speeds, Driving while intoxicated, Driving without necessary visual aids, Entering unlighted rooms, Experimenting with chemicals, Exposure to dangerous machinery, Faulty electrical plugs, Flammable children’s clothing, Flammable children’s toys, Frayed wires, Grease waste collected on stoves, High beds, High-crime neighborhood, Inappropriate call-for-aid mechanisms for bedresting client, Inadequate stair rails, Inadequately stored combustibles (e.g., matches, oily rags), Inadequately stored corrosives (e.g., lye), Knives stored uncovered, Lack of protection from heat source, Large icicles hanging from the roof, Misuse of necessary headgear, Misuse of seat restraints, Nonuse of seat restraints, Obstructed passageways, Overexposure to radiation, Overloaded electrical outlets, Overloaded fuse boxes, Physical proximity to vehicle pathways (e.g., driveways, lanes, railroad tracks), Playing with explosives, Pot handles facing toward front of stove, Potential igniting of gas leaks, Slippery floors (e.g., wet or highly waxed), Smoking in bed, Smoking near oxygen, Struggling with restraints, Unanchored electric wires, Unanchored rugs, Unsafe road, Unsafe walkways, Unsafe window protection in homes with young children, Use of cracked dishware, Use of unsteady chairs, Use of unsteady ladders, Wearing flowing clothes around open flame

**Internal:** Balancing difficulties, Cognitive difficulties, Emotional difficulties, History of previous trauma, Insufficient finances, Lack of safety education, Lack of safety precautions, Poor vision, Reduced hand-eye coordination, Reduced muscle coordination, Reduced sensation, Weakness

**Risk for Vascular Trauma** (00213) (2008, LOE 2.1)

**Domain 11: Safety/Protection**

**Class 2: Physical Injury**

**Definition:** At risk for damage to a vein and its surrounding tissues related to the presence of a catheter and/or infused solutions

**Risk Factors:** Catheter type, Catheter width, Impaired ability to visualize the insertion site, Inadequate catheter fixation, Infusion rate, Insertion site, Length of insertion time, Nature of solution (e.g., concentration, chemical irritant, temperature, pH)

**References**


**Self-Mutilation** (00151) (2000)

**Domain 11: Safety/Protection**

**Class 3: Violence**
Definition: Deliberate self-injurious behavior causing tissue damage with the intent of causing nonfatal injury to attain relief of tension

Defining Characteristics: Abrading, Biting, Constricting a body part, Cuts on body, Hitting, Ingestion of harmful substances, Inhalation of harmful substances, Insertion of object into body orifice, Picking at wounds, Scratches on body, Self-inflicted burns, Severing

Related Factors: Adolescence, Autistic individual, Battered child, Borderline personality disorder, Character disorder, Childhood illness, Childhood sexual abuse, Childhood surgery, Depersonalization, Developmentally delayed individual, Dissociation, Disturbed body image, Disturbed interpersonal relationships, Eating disorders, Emotionally disturbed, Family alcoholism, Family divorce, Family history of self-destructive behaviors, Feels threatened with loss of significant relationship, History of inability to plan solutions, History of inability to see long-term consequences, History of self-injurious behavior, Impulsivity, Inability to express tension verbally, Incarceration, Ineffective coping, Irresistible urge to cut self, Irresistible urge to damage self, Isolation from peers, Labile behavior, Lack of family confidant, Living in nontraditional setting (e.g., foster, group, or institutional care), Low self-esteem, Mounting tension that is intolerable, Needs quick reduction of stress, Negative feelings (e.g., depression, rejection, self-hatred, separation anxiety, guilt, depersonalization), Peers who self-mutilate, Perfectionism, Poor communication between parent and adolescent, Psychotic state (e.g., command hallucinations), Sexual identity crisis, Substance abuse, Unstable body image, Unstable self-esteem, Use of manipulation to obtain nurturing relationship with others, Violence between parental figures


Domain 11: Safety/Protection

Class 3: Violence

Definition: At risk for deliberate self-injurious behavior causing tissue damage with the intent of causing nonfatal injury to attain relief of tension

Risk Factors: Adolescence, Autistic individuals, Battered child, Borderline personality disorders, Character disorders, Childhood illness, Childhood sexual abuse, Childhood surgery, Depersonalization, Developmentally delayed individuals, Dissociation, Disturbed body image, Disturbed interpersonal relationships, Eating disorders, Emotionally disturbed child, Family alcoholism, Family divorce, Family history of self-destructive behaviors, Feels threatened with loss of significant relationship, History of inability to plan solutions, History of inability to see long-term consequences, History of self-injurious behavior, Impulsivity, Inability to express tension verbally, Inadequate coping, Incarceration, Irresistible urge to damage self, Isolation from peers, Living in nontraditional setting (e.g., foster, group, or institutional care), Loss of control over problem-solving situations, Loss of significant relationship(s), Low self-esteem, Mounting tension that is intolerable, Needs quick reduction of stress, Negative feelings (e.g., depression, rejection, self-hatred, separation anxiety, guilt), Peers who self-mutilate, Perfectionism, Psychotic state (e.g., command hallucinations), Sexual identity crisis, Substance abuse, Unstable self-esteem, Use of manipulation to obtain nurturing relationship with others, Violence between parental figures

Risk for Suicide (00150) (2000)

Domain 11: Safety/Protection

Class 3: Violence

Definition: At risk for self-inflicted, life-threatening injury
Risk Factors

**Behavioral:** Buying a gun, Changing a will, Giving away possessions, History of prior suicide attempt, Impulsiveness, Making a will, Marked changes in attitude, Marked changes in behavior, Marked changes in school performance, Stockpiling medicines, Sudden euphoric recovery from major depression

**Demographic:** Age (e.g., elderly people, young adult males, adolescents), Divorced, Male gender, Race (e.g., white, Native American), Widowed

**Physical:** Chronic pain, Physical illness, Terminal illness

**Psychological:** Childhood abuse, Family history of suicide, Guilt, Homosexual youth, Psychiatric disorder, Psychiatric illness, Substance abuse

**Situational:** Adolescents living in nontraditional settings (e.g., juvenile detention center, prison, half-way house, group home), Economic instability, Institutionalization, Living alone, Loss of autonomy, Loss of independence, Presence of gun in home, Relocation, Retired

**Social:** Cluster suicides, Disrupted family life, Disciplinary problems, Grief, Helplessness, Hopelessness, Legal problems, Loneliness, Loss of important relationship, Poor support systems, Social isolation

**Verbal:** States desire to die, Threats of killing oneself

**Risk for Other-Directed Violence** (00138) (1980, 1996)

**Domain 11: Safety/Protection**

**Class 3: Violence**

**Definition:** At risk for behaviors in which an individual demonstrates that he or she can be physically, emotionally, and/or sexually harmful to others

**Risk Factors:** Availability of weapon(s), Body language (e.g., rigid posture, clenching of fists and jaw, hyperactivity, pacing, breathlessness, threatening stances), Cognitive impairment (e.g., learning disabilities, attention deficit disorder, decreased intellectual functioning), Cruelty to animals, Firesetting, History of childhood abuse, History of indirect violence (e.g., tearing off clothes, ripping objects off walls, writing on walls, urinating on floor, defecating on floor, stamping feet, temper tantrum, running in corridors, yelling, throwing objects, breaking a window, slamming doors, sexual advances), History of substance abuse, History of threats of violence (e.g., verbal threats against property, verbal threats against person, social threats, cursing, threatening notes/letters, threatening gestures, sexual threats), History of witnessing family violence, History of violence against others (e.g., hitting someone, kicking someone, spitting at someone, scratching someone, throwing objects at someone, biting someone, attempted rape, rape, sexual molestation, urinating/defecating on a person), History of violent antisocial behavior (e.g., stealing, persistent borrowing, persistent demands for privileges, persistent interruption of meetings, refusal to eat, refusal to take medication, ignoring instructions), Impulsivity, Motor vehicle offenses (e.g., frequent traffic violations, use of a motor vehicle to release anger), Neurological impairment (e.g., positive EEG, CT, MRI, neurological findings, head trauma, seizure disorders), Pathological intoxication, Perinatal complications, Prenatal complications, Psychotic symptomatology (e.g., auditory, visual, command hallucinations; paranoid delusions; loose, rambling, or illogical thought processes), Suicidal behavior


**Domain 11: Safety/Protection**

**Class 3: Violence**
Definition: At risk for behaviors in which an individual demonstrates that he or she can be physically, emotionally and/or sexually harmful to self

Risk Factors: Age 15–19, Age >45, Behavioral clues (e.g., writing forlorn love notes, directing angry messages at a significant other who has rejected the person, giving away personal items, taking out a large life insurance policy), Conflictual interpersonal relationships, Emotional problems (e.g., hopelessness, despair, increased anxiety, panic, anger, hostility), Employment problems (e.g., unemployed, recent job loss/failure), Engagement in autoerotic sexual acts, Family background (e.g., chaotic or conflictual, history of suicide), History of multiple suicide attempts, Lack of personal resources (e.g., poor achievement, poor insight, affect unavailable and poorly controlled), Lack of social resources (e.g., poor rapport, socially isolated, unresponsive family), Physical health problems (e.g., hypochondriasis, chronic or terminal illness), Marital status (single, widowed, divorced), Mental health problems (e.g., severe depression, psychosis, severe personality disorder, alcoholism or drug abuse), Occupation (executive, administrator/owner of business, professional, semiskilled worker), Sexual orientation (bisexual (active), homosexual (inactive), Suicidal ideation, Suicidal plan, Verbal clues (e.g., talking about death, ‘‘better off without me’’, asking questions about lethal dosages of drugs)

Contamination (00181) (2006, LOE 2.1)

Domain 11: Safety/Protection

Class 4: Environmental Hazards

Definition: Exposure to environmental contaminants in doses sufficient to cause adverse health effects

Defining Characteristics: (Defining characteristics are dependent on the causative agent. Agents cause a variety of individual organ responses as well as systemic responses.)

Pesticides: Dermatological effects of pesticide exposure, Gastrointestinal effects of pesticide exposure, Neurological effects of pesticide exposure, Pulmonary effects of pesticide exposure, Renal effects of pesticide exposure, Major categories of pesticides: insecticides, herbicides, fungicides, antimicrobials, rodenticides, Major pesticides: organophosphates, carbamates, organochlorines, pyrethrum, arsenic, glycophosphates, bipyridyls, chlorophenoxy

Chemicals: Dermatological effects of chemical exposure, Gastrointestinal effects of chemical exposure, Immunologic effects of chemical exposure, Neurological effects of chemical exposure, Pulmonary effects of chemical exposure, Renal effects of chemical exposure, Major chemical agents: petroleum-based agents, anticholinesterases type I agents act on proximal tracheobronchial portion of the respiratory tract, type II agents act on alveoli, type III agents produce systemic effects

Biologics: Dermatological effects of exposure to biologics, Gastrointestinal effects of exposure to biologics, Pulmonary effects of exposure to biologics, Neurological effects of exposure to biologics, Renal effects of exposure to biologics (toxins from living organisms (bacteria, viruses, fungi))

Pollution: Neurological effects of pollution exposure, Pulmonary effects of pollution exposure (major locations: air, water, soil; major agents: asbestos, radon, tobacco, heavy metal, lead, noise, exhaust)

Waste: Dermatological effects of waste exposure, Gastrointestinal effects of waste exposure, Hepatic effects of waste exposure, Pulmonary effects of waste exposure (categories of waste: trash, raw sewage, industrial waste)

Radiation: External exposure through direct contact with radioactive material, Genetic effects of radiation exposure, Immunologic effects of radiation exposure, Neurological effects of radiation exposure, Oncological effects of radiation exposure
Related Factors

**External:** Chemical contamination of food, Chemical contamination of water, Exposure to bioterrorism, Exposure to disaster (natural or man-made), Exposure to radiation (occupation in radiology, employment in nuclear industries and/or electrical generating plants), Exposure through ingestion of radioactive material (e.g., food/water contamination), Flaking, peeling paint in presence of young children, Flaking, peeling plaster in presence of young children, Flooring surface (carpeted surfaces hold contaminant residue more than hard floor surfaces), Geographic area (living in area where high level of contaminants exist), Household hygiene practices, Inadequate municipal services (trash removal, sewage treatment facilities), Inappropriate use of protective clothing, Lack of breakdown of contaminants once indoors (breakdown is inhibited without sun and rain exposure), Lack of protective clothing, Lacquer in poorly ventilated areas, Lacquer without effective protection, Living in poverty (increases potential for multiple exposure, lack of access to health care, poor diet), Paint in poorly ventilated areas, Paint without effective protection, Personal hygiene practices, Playing in outdoor areas where environmental contaminants are used, Presence of atmospheric pollutants, Use of environmental contaminants in the home (e.g., pesticides, chemicals, environmental tobacco smoke), Unprotected contact with chemicals (e.g., arsenic), Unprotected contact with heavy metals (e.g., chromium, lead)

**Internal:** Age (children <5 years, older adults), Concomitant exposures, Developmental characteristics of children, Female gender, Gestational age during exposure, Nutritional factors (e.g., obesity, vitamin and mineral deficiencies), Pre-existing disease states, Pregnancy, Previous exposures, Smoking

**References**


Risk for Contamination (00180) (2006, LOE 2.1)

Domain 11: Safety/Protection

Class 4: Environmental Hazards

Definition: Accentuated risk of exposure to environmental contaminants in doses sufficient to cause adverse health effects

Risk Factors

External: Chemical contamination of food, Chemical contamination of water, Exposure to bioterrorism, Exposure to disaster (natural or man-made), Exposure to radiation (occupation in radiography, employment in nuclear industries and electrical generating plants, living near nuclear industries and/or electrical generating plants), Flaking, peeling paint in presence of young children, Flaking, peeling plaster in presence of young children, Flooring surface (carpeted surfaces hold contaminant residue more than hard floor surfaces), Geographic area (living in area where high level of contaminants exist), Household hygiene practices, Inadequate municipal services (e.g., trash removal, sewage treatment facilities), Inappropriate use of protective clothing, Lack of breakdown of contaminants once indoors (breakdown is inhibited without sun and rain exposure), Lack of protective clothing, Lacquer in poorly ventilated areas, Lacquer without effective protection, Living in poverty (increases potential for multiple exposure, lack of access to health care, poor diet), Paint, lacquer, etc. in poorly ventilated areas, Paint, lacquer, etc. without effective protection, Personal hygiene practices, Playing in outdoor areas where environmental contaminants are used, Presence of atmospheric pollutants, Use of environmental contaminants in the home (e.g., pesticides, chemicals, environmental tobacco smoke, Unprotected contact with chemicals (e.g., arsenic), Unprotected contact with heavy metals (e.g., chromium, lead)

Internal: Age (children <5 years, older adults), Concomitant exposures, Developmental charac-
teristics of children, Female gender, Gestational age during exposure, Nutritional factors (e.g., obesity, vitamin and mineral deficiencies), Pre-existing disease states, Pregnancy, Previous exposures, Smoking

References
Risk for Poisoning (00037) (1980, 2006, LOE 2.1)

**Domain 11: Safety/Protection**

**Class 4: Environmental Hazards**

**Definition:** Accentuated risk of accidental exposure to, or ingestion of, drugs or dangerous products in doses sufficient to cause poisoning

**Risk Factors**

**External:** Availability of illicit drugs potentially contaminated by poisonous additives, Dangerous products placed within reach of children, Dangerous products placed within reach of confused individuals, Large supplies of drugs in house, Medicines stored in unlocked cabinets accessible to children, Medicines stored in unlocked cabinets accessible to confused individuals

**Internal:** Cognitive difficulties, Emotional difficulties, Lack of drug education, Lack of proper precaution, Lack of safety education, Reduced vision, Verbalization that occupational setting is without adequate safeguards

**Reference**


Latex Allergy Response (00041) (1998, 2006, LOE 2.1)

**Domain 11: Safety/Protection**

**Class 5: Defensive Processes**

**Definition:** A hypersensitive reaction to natural latex rubber products

**Defining Characteristics**

*Life-threatening Reactions occurring <1 Hour after Exposure to Latex Protein:* Bronchospasm, Cardiac arrest, Contact urticaria progressing to generalized symptoms, Dyspnea, Edema of the lips, Edema of the throat, Edema of the tongue, Edema of the uvula, Hypotension, Respiratory arrest, Syncope, Tightness in chest, Wheezing

*Orofacial Characteristics:* Edema of eyelids, Edema of sclera, Erythema of the eyes, Facial erythema, Facial itching, Itching of the eyes, Oral itching, Nasal congestion, Nasal erythema, Nasal itching, Rhinorrhea, Tearing of the eyes

*Gastrointestinal Characteristics:* Abdominal pain, Nausea

*Generalized Characteristics:* Flushing, Generalized discomfort, Generalized edema, Increasing complaint of total body warmth, Restlessness

*Type IV Reactions occurring >1 Hour after Exposure to Latex Protein:* Discomfort reaction to additives such as thiurams and carbamates, Eczema, Irritation, Redness

**Related Factors:** Hypersensitivity to natural latex rubber protein
Risk for Latex Allergy Response (00042) (1998, 2006, LOE 2.1)

Domain 11: Safety/Protection

Class 5: Defensive Processes

Definition: Risk of hypersensitivity to natural latex rubber products

Risk Factors: Allergies to avocados, Allergies to bananas, Allergies to chestnuts, Allergies to kiwis, Allergies to poinsettia plants, Allergies to tropical fruits, History of allergies, History of asthma, History of reactions to latex, Multiple surgical procedures, especially from infancy, Professions with daily exposure to latex

References


AORN (2004). AORN latex guideline. In AORN standards, recommended practices and guidelines (pp. 103–118). Denver, CO: AORN.


Swanson, M.C. & Olson, D.Q. (2000). Latex allergen affinity for starch powders applied to natural rubber gloves and released as an aerosol. Canadian Journal of Allergy and Clinical Immunology 5: 328–36.


Domain 11: Safety/Protection

Class 6: Thermoregulation

Definition: At risk for failure to maintain body temperature within normal range

Risk Factors: Altered metabolic rate, Dehydration, Exposure to extremes of environmental temperature, Extremes of age, Extremes of weight, Illness affecting temperature regulation, Inactivity, Inappropriate clothing for environmental temperature, Medications causing vasoconstriction, Medications causing vasodilation, Sedation, Trauma affecting temperature regulation, Vigorous activity

Hyperthermia (00007) (1986)

Domain 11: Safety/Protection

Class 6: Thermoregulation
Definition: Body temperature elevated above normal range

Defining Characteristics: Convulsions, Flushed skin, Increase in body temperature above normal range, Seizures, Tachycardia, Tachypnea, Warm to touch

Related Factors: Anesthesia, Decreased perspiration, Dehydration, Exposure to hot environment, Inappropriate clothing, Increased metabolic rate, Illness, Medications, Trauma, Vigorous activity

Hypothermia (00006) (1986, 1988)

Domain 11: Safety/Protection

Class 6: Thermoregulation

Definition: Body temperature below normal range

Defining Characteristics: Body temperature below normal range, Cool skin, Cyanotic nail beds, Hypertension, Pallor, Piloerection, Shivering, Slow capillary refill, Tachycardia

Related Factors: Aging, Consumption of alcohol, Damage to hypothalamus, Decreased ability to shiver, Decreased metabolic rate, Evaporation from skin in cool environment, Exposure to cool environment, Illness, Inactivity, Inadequate clothing, Malnutrition, Medications, Trauma

Ineffective Thermoregulation (00008) (1986)

Domain 11: Safety/Protection

Class 6: Thermoregulation

Definition: Temperature fluctuation between hypothermia and hyperthermia

Defining Characteristics: Cool skin, Cyanotic nail beds, Fluctuations in body temperature above and below the normal range, Flushed skin, Hypertension, Increased respiratory rate, Increase in body temperature above normal range, Mild shivering, Moderate pallor, Piloerection, Reduction in body temperature below normal range, Seizures, Slow capillary refill, Tachycardia, Warm to touch

Related Factors: Aging, Fluctuating environmental temperature, Illness, Immaturity, Trauma

Readiness for Enhanced Comfort (00183) (2006, LOE 2.1)

Domain 12: Comfort

Class 1: Physical Comfort

Class 2: Environmental Comfort

Definition: A pattern of ease, relief, and transcendence in physical, psychospiritual, environmental, and/or social dimensions that can be strengthened

Defining Characteristics: Expresses desire to enhance comfort, Expresses desire to enhance feeling of contentment, Expresses desire to enhance relaxation, Expresses desire to enhance resolution of complaints

References


Impaired Comfort (00214) (2008, LOE 2.1)

Domain 12: Comfort

Class 1: Physical Comfort

Class 2: Environmental Comfort

Class 3: Social Comfort

Definition: Perceived lack of ease, relief and transcendence in physical, psychospiritual, environmental and social dimensions

Defining Characteristics: Anxiety, Crying, Disturbed sleep pattern, Fear, Illness-related symptoms, Inability to relax, Insufficient resources (e.g., financial, social support), Irritability, Lack of environmental control, Lack of privacy, Lack of situational control, Moaning, Noxious environmental stimuli, Reports being uncomfortable, Reports being cold, Reports being hot, Reports distressing symptoms, Reports hunger, Reports itching, Reports lack of contentment in situation, Reports lack of ease in situation, Restlessness, Treatment-related side effects (e.g., medication, radiation)

Reference


Domain 12: Comfort

Class 1: Physical Comfort

Definition: A subjective unpleasant, wave-like sensation in the back of the throat, epigastrium, or abdomen that may lead to the urge or need to vomit

Defining Characteristics: Aversion toward food, Gagging sensation, Increased salivation, Increased swallowing, Report of nausea, Sour taste in mouth
Related Factors

Biophysical: Biochemical disorders (e.g., uremia, diabetic ketoacidosis), Esophageal disease, Gastric distension, Gastric irritation, Increased intracranial pressure, Intra-abdominal tumors, Labyrinthitis, Liver capsule stretch, Localized tumors (e.g., acoustic neuroma, primary or secondary brain tumors, bone metastases at base of skull), Meningitis, Meniere’s disease, Motion sickness, Pain, Pancreatic disease, Pregnancy, Splenetic capsule stretch, Toxins (e.g., tumor-produced peptides, abnormal metabolites due to cancer)

Situational: Anxiety, Fear, Noxious odors, Noxious taste, Pain, Psychological factors, Unpleasant visual stimulation

Treatment: Gastric distension, Gastric irritation, Pharmaceuticals

Acute Pain (00132) (1996)

Domain 12: Comfort

Class 1: Physical Comfort

Definition: Unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage (International Association for the Study of Pain); sudden or slow onset of any intensity from mild to severe with an anticipated or predictable end and a duration of <6 months

Defining Characteristics: Changes in appetite, Changes in blood pressure, Changes in heart rate, Changes in respiratory rate, Coded report, Diaphoresis, Distraction behavior (e.g., pacing, seeking out other people and/or activities, repetitive activities), Expressive behavior (e.g., restlessness, moaning, crying, vigilance, irritability, sighing), Facial mask (e.g., eyes lack luster, beaten look, fixed or scattered movement, grimace), Guarding behavior, Narrowed focus (e.g., altered time perception, impaired thought processes, reduced interaction with people and environment), Observed evidence of pain, Positioning to avoid pain, Protective gestures, Pupillary dilation, Self-focus, Sleep disturbance, Verbal report of pain

Related Factors: Injury agents (e.g., biological, chemical, physical, psychological)

Chronic Pain (00133) (1986, 1996)

Domain 12: Comfort

Class 1: Physical Comfort

Definition: Unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage (International Association for the Study of Pain); sudden or slow onset of any intensity from mild to severe, constant or recurring without an anticipated or predictable end and a duration of >6 months

Defining Characteristics: Altered ability to continue previous activities, Anorexia, Atrophy of involved muscle group, Changes in sleep pattern, Coded report, Depression, Facial mask (e.g., eyes lack luster, beaten look, fixed or scattered movement, grimace), Fatigue, Fear of reinjury, Guarding behavior, Irritability, Observed protective behavior, Reduced interaction with people, Restlessness, Self-focusing, Sympathetic mediated responses (e.g., temperature, cold, changes of body position, hypersensitivity), Verbal report of pain

Related Factors: Chronic physical disability, Chronic psychosocial disability

Social Isolation (00053) (1982)

Domain 12: Comfort

Class 3: Social Comfort
Definition: Aloneness experienced by the individual and perceived as imposed by others and as a negative or threatening state

Defining Characteristics

Objective: Absence of supportive significant other(s), Developmentally inappropriate behaviors, Dull affect, Evidence of handicap (e.g., physical, mental), Exists in a subculture, Illness, Meaningless actions, No eye contact, Preoccupation with own thoughts, Projects hostility, Repetitive actions, Sad affect, Seeks to be alone, Shows behavior unaccepted by dominant cultural group, Uncommunicative, Withdrawn

Subjective: Expresses feelings of aloneness imposed by others, Expresses feelings of rejection, Developmentally inappropriate interests, Inadequate purpose in life, Inability to meet expectations of others, Expresses values unacceptable to the dominant cultural group, Experiences feelings of differences from others, Insecurity in public

Related Factors: Alterations in mental status, Alterations in physical appearance, Altered state of wellness, Factors contributing to the absence of satisfying personal relationships (e.g., delay in accomplishing developmental tasks), Immature interests, Inability to engage in satisfying personal relationships, Inadequate personal resources, Unaccepted social behavior, Unaccepted social values

Adult Failure to Thrive (00101) (1998)

Domain 13: Growth/Development

Class 1: Growth

Definition: Progressive functional deterioration of a physical and cognitive nature. The individual’s ability to live with multisystem diseases, cope with ensuing problems, and manage his or her care is remarkably diminished.

Defining Characteristics: Altered mood state, Anorexia, Apathy, Cognitive decline, Demonstrated difficulty responding to environmental stimuli, Demonstrated difficulty in concentration, Demonstrated difficulty in decision-making, Demonstrated difficulty in judgment, Demonstrated difficulty in memory, Demonstrated difficulty in reasoning, Decreased perception, Consumption of minimal to no food at most meals (e.g., consumes <75% of normal requirements), Decreased participation in activities of daily living, Decreased social skills, Expresses loss of interest in pleasurable outlets, Frequent exacerbations of chronic health problems, Inadequate nutritional intake, Neglect of home environment, Neglect of financial responsibilities, Physical decline (e.g., fatigue, dehydration, incontinence of bowel and bladder), Self-care deficit, Social withdrawal, Unintentional weight loss (e.g., 5% in 1 month, 10% in 6 months), Verbalizes desire for death

Related Factors: Depression

Delayed Growth and Development (00111) (1986)

Domain 13: Growth/Development

Class 1: Growth

Class 2: Development

Definition: Deviations from age-group norms

Defining Characteristics: Altered physical growth, Decreased response time, Delay in performing skills typical of age group, Difficulty in performing skills typical of age group, Inability to perform self care activities appropriate for age, Inability to perform self-control activities appropriate for age, Flat affect, Listlessness
**Related Factors:** Effects of physical disability, Environmental deficiencies, Inadequate caretaking, Inconsistent responsiveness, Indifference, Multiple caretakers, Prescribed dependence, Separation from significant others, Stimulation deficiencies

**Risk for Disproportionate Growth** (00113) (1998)

*Domain 13: Growth/Development*

*Class 1: Growth*

**Definition:** At risk for growth above the 97th percentile or below the 3rd percentile for age, crossing two percentile channels

**Risks Factors**

*Caregiver:* Abuse, Learning difficulties (mental handicap), Mental illness, Severe learning disability

*Environmental:* Deprivation, Lead poisoning, Natural disasters, Poverty, Teratogen, Violence

*Individual:* Anorexia, Caregiver’s maladaptive feeding behaviors, Chronic illness, Individual maladaptive feeding behaviors, Infection, Insatiable appetite, Prematurity, Malnutrition, Substance abuse

*Prenatal:* Congenital disorders, Genetic disorders, Maternal infection, Maternal nutrition, Multiple gestation, Teratogen exposure, Substance abuse, Substance use


*Domain 13: Growth/Development*

*Class 2: Development*

**Definition:** At risk for delay of 25% or more in one or more of the areas of social or self-regulatory behavior, or in cognitive, language, gross or fine motor skills

**Risk Factors**

*Prenatal:* Endocrine disorders, Genetic disorders, Illiteracy, Inadequate nutrition, Infections, Lack of prenatal care, Late prenatal care, Maternal age <15 years, Maternal age >35 years, Inadequate prenatal care, Poverty, Substance abuse, Unplanned pregnancy, Unwanted pregnancy

*Individual:* Adopted child, Behavior disorders, Brain damage (e.g., hemorrhage in postnatal period, shaken baby, abuse, accident), Chemotherapy, Chronic illness, Congenital disorders, Failure to thrive, Foster child, Frequent otitis media, Genetic disorders, Hearing impairment, Inadequate nutrition, Lead poisoning, Natural disasters, Positive drug screen(s), Prematurity, Radiation therapy, Seizures, Substance abuse, Technology dependent, Vision impairment

*Environmental:* Poverty, Violence

*Caregiver:* Abuse, Learning disabilities, Mental illness, Severe learning disability